

**Nordic Weightlifting Federation**

Karlskogan 28, 703 41 Örebro

www.hvngdlyftning.com/NordiskaIF

office@hvngdlyftning.com

**COMPETITION : Nordic Weightlifting Championships**

SITE : Väsbys Sports Hall

DATE : 2017-09-09

CITY : Upplands Väsby

ORGANIZER : Swedish Weightlifting Federation

#	Draw	Last Name	First Name	CAT.	B.W.	Nation	Birth Date	SNATCH			Best Snatch	CLEAN & JERK			Best C & J	Total	RANK	Sinclair
								1	2	3		1	2	3				
1	12	Sundqvist	Surya	£48	47.05	SWE	1994-02-13	60	(63)	63	83	76	(81)	76	139	1	223,873	
2	44	Haapaniemi	Sonja	£46	48.00	FIN	1989-12-18	58	60	(62)	60	(67)	(67)	-	-	-	-	
6	47	Hovden Øvsthus	Sarah	£53	52.35	NOR	1994-03-20	74	(77)	(77)	74	(97)	(100)	97	171	1	253,705	
4	16	Tao Jakobsen	Rebekka	£53	53.00	NOR	1996-09-12	(72)	(72)	72	72	94	(97)	94	166	2	244,083	
3	13	Nim Bruin	Kathrin	£53	52.90	DEN	1991-12-29	(69)	69	73	73	85	90	92	165	3	242,945	
5	33	Huzelius	Anna	£53	52.75	SWE	1989-03-11	62	65	67	67	(80)	80	83	150	4	221,315	
7	30	Ceritosly Nyland	Zeklye	£58	57.95	NOR	1990-04-23	78	82	84	84	94	100	(102)	100	184	1	254,294
8	37	Anette Waaler	Sol	£58	57.35	NOR	1992-08-14	71	(73)	73	73	93	(96)	(96)	93	166	2	231,016
9	43	Nowakowska Poulsen	Amanda	£58	57.85	DEN	1992-12-19	65	69	(72)	69	85	90	(93)	90	159	3	219,995
3	18	Roos	Angelica	£63	61.25	SWE	1989-04-15	85	90	(93)	90	110	114	(119)	114	204	1	272,044
2	9	Vuohijoki	Anni	£63	62.85	FIN	1988-05-24	87	(90)	(91)	87	108	(112)	114	114	201	2	263,812
6	28	Andersson	Ine	£63	61.95	NOR	1989-08-17	83	86	(89)	86	103	107	(110)	107	193	3	255,562
7	41	Adolfsson	Jenny	£63	62.80	SWE	1982-05-18	77	(81)	(81)	77	95	99	101	101	178	4	233,737
5	26	Puputti	Jenni	£63	61.95	FIN	1986-06-28	(78)	78	(82)	78	94	97	99	99	177	5	234,376
4	20	Holst	Line	£63	62.75	DEN	1986-06-21	78	(81)	(82)	78	94	98	(100)	98	176	6	231,223
1	3	Margrethe Hald	Emma	£63	61.50	NOR	1997-01-01	75	78	(80)	78	91	(94)	(95)	91	169	7	224,797
5	17	Aradottir	Anita	£69	68.20	ISL	1988-01-06	77	80	(82)	80	100	(105)	109	109	189	1	236,571
4	15	Ardalsbakke	Marit	£69	66.70	NOR	1992-05-11	79	83	86	86	95	102	102	188	2	238,270	
2	6	Green	Erika	£69	66.20	SWE	1993-08-14	74	77	(79)	77	95	(96)	(96)	98	175	3	222,748
3	7	Lindström	Elin	£69	63.60	SWE	1983-06-28	74	(77)	77	77	90	(93)	(93)	90	167	4	217,621
1	1	Lind Heigardottir	Lilja	£75	68.45	ISL	1996-08-31	70	75	(80)	75	87	91	(94)	91	166	5	207,363
1	14	Kauhainen	Hanna	£75	73.40	FIN	1990-10-07	77	80	83	83	(101)	101	103	103	186	1	223,960
4	55	Akerlund	Ida	£75	72.05	SWE	1993-08-20	77	81	83	83	97	100	102	102	185	2	224,871
3	40	Schanche	Melissa	£75	72.15	NOR	1989-01-01	80	83	(86)	83	90	94	(97)	94	177	3	214,993
2	27	Pedersen	Mette	£75	69.25	DEN	1993-12-03	75	78	(80)	78	86	90	(92)	90	168	4	208,533
5	31	Mist Olafsdottir	Freyja	£90	78.30	ISL	1996-11-11	82	(80)	80	90	100	105	(107)	105	195	1	227,614
8	56	Junhoy Rindberg	Paula	£90	91.55	SWE	1988-05-02	83	87	(90)	87	103	108	(114)	108	195	1	213,629
6	4	Vennekilde	Louise	£90	93.60	DEN	1986-01-03	80	(85)	87	87	102	107	(114)	107	194	2	210,916
7	29	Hein	Suvi	£90	91.35	FIN	1985-05-10	80	(83)	(83)	80	(100)	100	(106)	100	180	3	197,348
1	46	Dal Wellendorph	Thor	£90	61.75	DEN	1993-07-20	90	95	98	98	110	115	(120)	115	213	1	304,183
4	42	Roness Strand	Daniel	£90	68.60	NOR	1991-04-14	111	115	118	118	145	(151)	(151)	145	263	1	350,841
3	34	Falk	Daniel	£90	68.75	SWE	1989-12-22	105	110	(114)	110	126	131	(135)	131	244	2	326,495
2	5	Vento	Jere	£90	68.75	FIN	1989-09-18	105	110	(114)	110	120	(135)	-	120	230	3	306,409
9	59	Kning	Tim	£90	75.60	DEN	1990-09-16	131	136	140	140	162	167	(172)	167	307	1	387,028
5	11	Behrmann Myrholm	Roger	£90	76.05	NOR	1985-01-05	125	129	(132)	129	160	166	171	171	300	2	376,975
8	53	Ingi Jonsson	Einar	£90	72.45	ISL	1986-02-15	112	116	(120)	116	142	147	151	151	267	3	344,778
6	32	Eloranta	Klaus	£90	76.70	FIN	1993-07-26	112	(116)	(116)	112	142	147	-	147	259	4	323,953
7	35	Runar Baldursson	Arni	£90	73.15	ISL	1995-07-06	107	(110)	112	112	(127)	130	135	135	247	5	317,194

**Nordic Weightlifting Federation**

Karlskogan 28, 703 41 Örebro

[www.tyngdlyftning.com/NordiskaIF](http://www.tyngdlyftning.com/NordiskaIF)

[office@tyngdlyftning.com](mailto:office@tyngdlyftning.com)

**COMPETITION : Nordic Weightlifting Championships**

SITE : Väsby Sports Hall

DATE : 2017-09-03

CITY : Upplands Väsby

ORGANIZER : Swedish Weightlifting Federation

#	Draw	Last Name	First Name	CAT.	B.W.	Nation	Birth Date	SNATCH			Best Snatch	CLEAN & JERK			Best C & J	Total	RANK	Sinclair
								1	2	3		1	2	3				
2	21	Spedtsberg	Tobias	m85	84,40	DEN	1991-12-15	(125)	125	130	130	151	155	158	288	1	343,092	
1	19	Fallman	Sebastian	m85	84,90	SWE	1992-09-27	128	(133)	(133)	128	(151)	151	158	286	2	339,752	
5	51	Johansson	Jere	m85	84,60	FIN	1987-02-13	119	123	126	126	(150)	151	(160)	277	3	329,615	
6	52	Olsen	Mats	m85	84,50	NOR	1995-07-19	118	(122)	(122)	118	151	156	(160)	274	4	326,229	
3	23	Holm-Nielsen	Anders	m85	84,35	DEN	1992-02-06	121	(125)	(125)	121	147	(151)	(157)	268	5	319,357	
7	58	Fjeldberg	Tomas	m85	84,05	NOR	1985-06-22	118	(122)	122	122	(140)	(140)	140	262	6	312,741	
4	39	Laapotti	Kristian	m85	83,80	FIN	1992-07-19	-	-	-	-	-	-	-	-	-	-	
3	48	Darville	Simon	m84	93,50	DEN	1993-06-26	136	(140)	140	140	162	170	-	310	1	352,860	
2	36	Lehtikangas	Kimmo	m84	93,55	FIN	1992-02-16	145	(149)	(149)	145	160	164	(168)	309	2	351,645	
1	2	Grostad	Håvard	m84	93,65	NOR	1988-09-07	(136)	136	(140)	136	(160)	(160)	160	296	3	336,703	
5	57	Rørstadbotnen	Sindre	m105	104,60	NOR	1992-11-21	(136)	136	139	139	175	183	(192)	322	1	351,434	
4	49	Pirkkiö	Robert	m105	95,45	FIN	1993-06-25	133	(138)	(138)	133	155	(162)	(162)	288	2	325,093	
8	45	Varid	Vebjørn	m>105	128,35	NOR	1990-07-08	147	152	(157)	152	177	182	(187)	334	1	344,853	
6	25	Lithén	Hampus	m>105	137,65	SWE	1992-04-23	140	(145)	(145)	140	180	(195)	(195)	320	2	326,229	
9	54	Kronborg Larsen	Thomas	m>105	117,90	DEN	1989-08-01	140	(144)	(144)	140	165	170	175	315	3	331,710	
10	60	Lindfors	Petri	m>105	116,40	FIN	1993-05-12	132	136	(139)	136	165	(175)	(175)	301	4	318,041	
7	38	Thor Aevarsson	Ingcifur	m>105	107,10	ISL	1991-07-12	125	(130)	(134)	125	164	(172)	(172)	289	5	312,966	

Rank	Name	Given Name	CAT.	B.W.	Nation	SNATCH			CLEAN&JERK			Total	Sinclair	
						1	2	3	max	1	2		3	max
1	Roos	Angelica	f63	61,25	SWE	85	90	(93)	90	110	114	204	272,044	267,361
2	Vuohijoki	Anni	f63	62,85	FIN	87	(90)	(91)	87	108	(112)	201	263,812	263,430
3	Cemsoylu Nyland	Zekiye	f58	57,95	NOR	78	82	84	84	94	100	184	254,294	254,148
4	Andersson	Ine	f63	61,95	NOR	83	86	(89)	86	103	(110)	193	255,562	252,945
5	Hovden Øvsthus	Sarah	f53	52,35	NOR	74	(77)	(77)	74	(97)	(100)	171	253,705	251,435
6	Tao Jakobsen	Rebekka	f53	53,00	NOR	(72)	(72)	72	72	92	94	166	244,083	244,083
7	Nim Bruhn	Katrine	f53	52,90	DEN	(69)	69	73	73	85	92	165	242,945	242,612
8	Aradottir	Anita	f69	68,20	ISL	77	80	(82)	80	100	(105)	189	236,571	235,062
9	Årdalsbakke	Marit	f69	66,70	NOR	79	83	86	86	95	99	188	238,270	233,818
10	Adolfsson	Jenny	f63	62,80	SWE	77	(81)	(81)	77	95	99	178	233,737	233,286
11	Puputti	Jenni	f63	61,95	FIN	(78)	78	(82)	78	94	97	177	234,376	231,975
12	Holst	Line	f63	62,75	DEN	78	(81)	(82)	78	94	98	176	231,223	230,665
13	Anette Waaler	Sol	f58	57,35	NOR	71	(73)	73	73	93	(96)	166	231,016	229,286
14	Kauhanen	Hanna	f75	73,40	FIN	77	80	83	83	(101)	103	186	223,960	221,580
15	Margrethe Hald	Emma	f63	61,50	NOR	75	78	(80)	78	91	(94)	169	224,797	221,491
16	Huzelius	Anna	f53	52,75	SWE	62	65	67	67	(80)	80	150	221,315	220,557
17	Akerlund	Ida	f75	72,05	SWE	77	81	83	83	97	100	185	224,871	220,389
18	Sundqvist	Surya	f48	47,05	SWE	60	(63)	63	63	71	76	139	223,873	220,327
19	Nowakowska Poulsen	Amanda	f58	57,85	DEN	65	69	(72)	69	85	90	159	219,995	219,617
20	Green	Erika	f69	66,20	SWE	74	77	(79)	77	95	(98)	175	222,748	217,650
21	Mist Olafsdóttir	Freyja	f90	78,30	ISL	82	(90)	90	90	100	105	195	227,614	214,940
22	Schanche	Melissa	f75	72,15	NOR	80	83	(86)	83	90	94	177	214,993	210,858
23	Lindström	Elin	f69	63,60	SWE	74	(77)	77	77	90	(93)	167	217,621	207,700
24	Lind Helgadóttir	Lilja	f69	68,45	ISL	70	75	(80)	75	87	91	166	207,363	206,456
25	Pedersen	Mette	f75	69,25	DEN	75	78	(80)	78	86	90	168	208,533	200,137
26	Junhov Rindberg	Paula	f>90	91,55	SWE	83	87	(90)	87	103	108	195	213,629	195,000
27	Vennekilde	Louise	f>90	93,60	DEN	80	(85)	87	87	102	107	194	210,916	194,000
28	Helin	Suvi	f>90	91,35	FIN	80	(83)	(83)	80	(100)	100	180	197,348	180,000
-	Haapaniemi	Sonja	f48	48,00	FIN	58	60	(62)	60	(67)	(67)	-	-	-

Rank	Name	Given Name	CAT.	B.W.	Nation	SNATCH			CLEAN&JERK			Total	Sinclair		
						1	2	3	max	1	2		3	max	BW
1	Kring	Tim	m77	75,60	DEN	131	136	140	140	162	167	(172)	167	387,028	383,183
2	Behrmann Myrholm	Roger	m77	76,05	NOR	125	129	(132)	129	160	166	171	171	376,975	374,446
3	Darville	Simon	m94	93,50	DEN	136	(140)	140	140	162	170	-	170	352,860	352,090
4	Lehtikangas	Kimmo	m94	93,55	FIN	145	(149)	(149)	145	160	164	(168)	164	351,645	350,955
5	Rørstadbotnen	Sindre	m105	104,60	NOR	(136)	136	139	139	175	183	(192)	183	351,434	350,982
6	Roness Strand	Daniel	m69	68,60	NOR	111	115	118	118	145	(151)	(151)	145	350,841	349,596
7	Varlid	Vebjørn	m>105	128,35	NOR	147	152	(157)	152	177	182	(187)	182	344,853	334,000
8	Ingj. Jonsson	Einar	m77	72,45	ISL	112	116	(120)	116	142	147	151	151	344,778	333,257
9	Spedtsberg	Tobias	m85	84,40	DEN	(125)	125	130	130	151	155	158	158	343,092	341,937
10	Fallman	Sebastian	m85	84,90	SWE	128	(133)	(133)	128	(151)	151	158	158	339,752	339,563
11	Grostad	Håvard	m94	93,65	NOR	(136)	136	(140)	136	(160)	(160)	160	160	336,703	336,190
12	Kronborg Larsen	Thomas	m>105	117,90	DEN	140	(144)	(144)	140	165	170	175	175	331,710	315,000
13	Johansson	Jere	m85	84,60	FIN	119	123	126	126	(150)	151	(160)	151	329,615	328,877
14	Olsen	Mats	m85	84,50	NOR	118	(122)	(122)	118	151	156	(160)	156	326,229	325,315
15	Lithén	Hampus	m>105	137,65	SWE	140	(145)	(145)	140	180	(195)	(195)	180	326,229	320,000
16	Falk	Daniel	m69	68,60	SWE	105	110	113	113	126	131	(135)	131	325,495	324,340
17	Pirkkiö	Robert	m105	95,45	FIN	133	(138)	(138)	133	155	(162)	(162)	155	325,093	313,922
18	Eloranta	Klaus	m77	76,70	FIN	112	(116)	(116)	112	142	147	-	147	323,953	323,272
19	Holm-Nielsen	Anders	m85	84,35	DEN	121	(125)	(125)	121	147	(151)	(157)	147	319,357	318,192
20	Lindfors	Petri	m>105	116,40	FIN	132	136	(139)	136	165	(175)	(175)	165	318,041	301,000
21	Runar Baldursson	Arni	m77	73,15	ISL	107	(110)	112	112	(127)	130	135	135	317,194	308,294
22	Thor Aevarsson	Ingolfur	m>105	107,10	ISL	125	(130)	(134)	125	164	(172)	(172)	164	312,966	289,000
23	Fjeldberg	Tomas	m85	84,05	NOR	118	(122)	122	122	(140)	(140)	140	140	312,741	311,068
24	Vento	Jere	m69	68,75	FIN	105	110	(114)	110	120	(135)	-	120	306,409	305,730
25	Dal Wellendorph	Thor	m62	61,75	DEN	90	95	98	98	110	115	(120)	115	304,183	303,348
-	Laapotti	Kristian	m85	83,80	FIN	-	-	-	-	-	-	-	-	-	-

### Nation Ranking (Men, Total)

Nation	Points	Rank	Men
DEN	34	1	6
NOR	34	1	7
FIN	24	3	7
SWE	15	4	3
ISL	8	5	3

### Nation Ranking (Women, Total)

Nation	Points	Rank	Women
SWE	39	1	8
NOR	37	2	8
FIN	18	3	5
DEN	17	4	5
ISL	16	5	3