

Anti-Doping effects all of us



At every international IWF Masters event doping control will be conducted!!!

How can you spare yourself from an unnecessary positive Doping result??

1) BE FAIR:

Be part of the example that believes clean sport is one of the fairest and most powerful tools for positive change and growth on that embraces fair play and respect.

2) You are entitled to be sick, but don't get caught!

Other prohibited substances are often found in medications you can buy at the pharmacy without prescription so if you have a cold etc.. **YOU** must check first before taking any medication. Supplements are also in danger to give you a positive doping result. **YOU** are responsible for what is in your system and the punishment for a positive anabolic result in those cases are usually a 2 year ban from your sport.

3) What should you do if you get sick while travelling in a foreign country?

Medications are usually commercialized under different names in different countries, and even if they have the same brand names, they may have a different composition in order to respect each country's laws on availability of certain substances. You have to make sure that you are aware what substances you take in! It is your responsibility to make a research or/and consulting your physician.

Check yourself at the WADA website: www.wada-ama.org or IWF website under Anti Doping section: <http://www.iwf.net/anti-doping/rules>

GET A TUE FROM YOUR NATIONAL CHAIRMAN; FROM YOUR MASTERS ENTRY FORM or FROM THE EUROPEAN MASTERS WEBSITE: www.europeanmasterswl.com

IWF-Masters Anti-Doping Organization

Therapeutic Use Exemptions

TUE – 2015

Appendix 1



The IWF Masters Anti Doping Sub Committee expects all participants selected for drug testing, who are using therapeutic medicine to submit an IWF Masters TUE Form (see part of the form above) **and** a medical certificate from their doctor to the Doping Control Officer at the time of the test. A Masters TUE form and the medical report from the athletes physician will be worked through only by a positive result. **CAUTION:** Applying for a Masters TUE Form doesn't automatic mean that it is granted. The IWF Masters Anti-Doping Sub Committee may at its discretion seek the advice and assistance of the appointed qualified medical practitioner to enable to verify that an alternative therapy is not available. An athlete providing an approved IWF/NADO TUE (not Masters TUE) will be accepted up to the expiring date stated on.

The IWF Masters Anti-Doping Sub Committee may at its discretion seek the advice and assistance of the appointed qualified medical practitioner to enable a decision to be reached in the hearing. Where therapeutic/inadvertent use of a banned substance or substances is proven, the IWF Masters Anti-Doping Commission may:

1. Take no further action,
2. Provide counseling and take no additional action, or
3. Impose a suitable sanction.
4. **For clarified doping offences the IWF Masters Anti Doping Sub Committee follows the current IWF Anti Doping Policy!**
5. **PLEASE NOTE: AN IWF MASTERS TUE is only valid for all national and international Masters WL events. A Masters athlete still registered into the WADA Registered Testing Pool (RTP) has to apply his TUE through the tue@iwfnet.net!**

Incomplete Applications will be returned and will need to be totally resubmitted.

The IWF Masters TUE Form and your physician's report is to hand over only to the Doping officer if you have been selected for doping control.

The 2 documents are invalid after 3 years from the date and year of the TUE form and the doctor's report which must be identical.

Please note that only a physician should fill out the IWF Masters TUE Form!!

The IWF Masters Anti Doping subcommittee accepts the 2 documents only if it is filled out, stamped and signed by the same physician.

At every International Masters Championship you must bring a copy of your IWF Masters TUE Form and report in case you will be selected for dope testing.

Note: The refusal by a participant to provide a sample will make any medical certificate inadmissible. Any refusal to provide a sample will be an automatic positive result and will be punished with a 2 year ban from your sport.

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