

SENIOR WOMEN'S NORDIC WEIGHTLIFTING RECORD AS PER 31.10.2018

Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
	Snatch	71	Surya Sundqvist	1994	SWE	26.03.2018	Bucharest (ROU)
48 kg	C & J	83	Sini Kukkonen	1986	FIN	10.04.2016	Førde (NOR)
	Total	152	Surya Sundqvist	1994	SWE	26.03.2018	Bucharest (ROU)
	Snatch	82	Heidi Kanervisto	1981	FIN	20.03.2004	Oulu (FIN)
53 kg	C & J	99	Sarah Hovden Øvsthus	1994	NOR	16.10.2017	Durres (ALB)
	Total	177	Heidi Kanervisto	1981	FIN	20.03.2004	Oulu (FIN)
	Snatch	94	Ruth Kasirye	1982	NOR	22.09.2007	Chiang Mai (THA)
58 kg	C & J	117	Ruth Kasirye	1982	NOR	18.04.2007	Strasbourg (FRA)
	Total	210	Ruth Kasirye	1982	NOR	18.04.2007	Strasbourg (FRA)
	Snatch	107	Ruth Kasirye	1982	NOR	08.04.2009	Bucharest (ROU)
63 kg	C & J	130	Ruth Kasirye	1982	NOR	07.03.2009	Spydeberg (NOR)
	Total	236	Ruth Kasirye	1982	NOR	07.03.2009	Spydeberg (NOR)
	Snatch	106	Ruth Kasirye	1982	NOR	27.06.2009	Pori (FIN)
69 kg	C & J	131	Patricia Stenius	1989	SWE	30.03.2018	Bucharest (ROU)
	Total	236	Ruth Kasirye	1982	NOR	27.06.2009	Pori (FIN)
	Snatch	105	Karoliina Lundahl	1968	FIN	13.11.1998	Lahti (FIN)
75 kg	C & J	129	Ruth Kasirye	1982	NOR	04.10.2014	Aalborg (DEN)
	Total	232	Patricia Stenius	1989	SWE	10.02.2018	Vallentuna (SWE)
	Snatch	107	Nordic Standard				
90 kg	C & J	125	Nordic Standard				
	Total	232	Nordic Standard				
	Snatch	105	Nordic Standard				
+90 kg	C & J	127	Nordic Standard				
	Total	232	Nordic Standard				
Note:	RESULT IN <i>ITALICS</i> = Nordic Record Standard made from an originally 0.5 kg higher result.						

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	Snatch	65	Sini Kukkonen	1986	FIN	19.08.2003	Dortmund (GER)
48 kg	C & J	80	Sini Kukkonen	1986	FIN	19.08.2003	Dortmund (GER)
	Total	145	Sini Kukkonen	1986	FIN	19.08.2003	Dortmund (GER)
	Snatch	72	Rebekka Tao Jacobsen	1996	NOR	04.12.2016	Eliat (ISR)
53 kg	C & J	94	Rebekka Tao Jacobsen	1996	NOR	04.12.2016	Eliat (ISR)
	Total	166	Rebekka Tao Jacobsen	1996	NOR	04.12.2016	Eliat (ISR)
	Snatch	78	Heidi Kanervisto	1981	FIN	15.12.2001	Lempäälä (FIN)
58 kg	C & J	97	Rebekka Tao Jacobsen	1996	NOR	18.11.2016	Vigrestad (NOR)
	Total	172	Emma Enberg	1996	SWE	30.12.2016	Mariestad (SWE)
	Snatch	82	Daniela Gherman	1997	SWE	18.11.2017	Olofström (SWE)
63 kg	C & J	101	Carita Hansson	1991	SWE	29.10.2011	Stavanger (NOR)
	Total	182	Carita Hansson	1991	SWE	29.10.2011	Stavanger (NOR)
	Snatch	86	Anna Fomina	1998	SWE	13.10.2018	Copenhagen (DEN)
69 kg	C & J	110	Anna Fomina	1998	SWE	16.12.2017	Uppsala (SWE)
	Total	194	Anna Fomina	1998	SWE	16.12.2017	Uppsala (SWE)
	Snatch	84	Anna Fomina	1998	SWE	13.01.2018	Skara (SWE)
75 kg	C & J	102	Anna Fomina	1998	SWE	13.01.2018	Skara (SWE))
	Total	186	Anna Fomina	1998	SWE	13.01.2018	Skara (SWE)
	Snatch	89	Nordic Standard				
90 kg	C & J	106	Nordic Standard				
	Total	194	Nordic Standard				
	Snatch	81	Nordic Standard				
+90 kg	C & J	100	Nordic Standard				
	Total	181	Nordic Standard				
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Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
	Snatch	52	Kirsi-Marja Mukkala	1999	FIN	10.04.2015	Rovaniemi (FIN)
44 kg	C & J	62	Kirsi-Marja Mukkala	1999	FIN	10.04.2015	Rovaniemi (FIN)
	Total	114	Kirsi-Marja Mukkala	1999	FIN	10.04.2015	Rovaniemi (FIN)
	Snatch	65	Sini Kukkonen	1986	FIN	19.08.2003	Dortmund (GER)
48 kg	C & J	80	Sini Kukkonen	1986	FIN	19.08.2003	Dortmund (GER)
	Total	145	Sini Kukkonen	1986	FIN	19.08.2003	Dortmund (GER)
	Snatch	71	Siri Sytelä	2000	FIN	18.11.2017	Kurikka (FIN)
53 kg	C & J	85	Sini Kukkonen	1986	FIN	06.07.2003	Eräjärvi (FIN)
	Total	152	Sini Kukkonen	1986	FIN	13.12.2003	Rovaniemi (FIN)
	Snatch	75	Katla Björk Ketilsdóttir	2000	ISL	16.12.2017	Reykjavik (ISL)
58 kg	C & J	88	Filippa Ferm	2000	SWE	16.12.2017	Uppsala (SWE)
	Total	162	Filippa Ferm	2000	SWE	16.12.2017	Uppsala (SWE)
	Snatch	77	Katla Björk Ketilsdóttir	2000	ISL	28.09.2017	Prishtina (KOS)
63 kg	C & J	95	Katariina Vestman	1988	FIN	04.10.2005	Trencin (SVK)
	Total	169	Katariina Vestman	1988	FIN	04.10.2005	Trencin (SVK)
	Snatch	79	Katariina Vestman	1988	FIN	22.08.2005	Sofia (BUL)
69 kg	C & J	101	Katariina Vestman	1988	FIN	22.08.2005	Sofia (BUL)
	Total	180	Katariina Vestman	1988	FIN	22.08.2005	Sofia (BUL)
	Snatch	75	Nicol Ericsson	2002	SWE	13.10.2018	Copenhagen (DEN)
75 kg	C & J	93	Nicol Ericsson	2002	SWE	13.10.2018	Copenhagen (DEN)
	Total	168	Nicol Ericsson	2002	SWE	13.10.2018	Copenhagen (DEN)
	Snatch	75	Nordic Standard				
+75 kg	C & J	93	Nordic Standard				
	Total	166	Nordic Standard				
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Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
	Snatch	97	Per Söderlind	1965	SWE	20.05.2000	Sacramento (USA)
56 kg	C & J	123	Jarkko Welling	1971	FIN	03.03.2001	Pori (FIN)
	Total	220	Per Söderlind	1965	SWE	20.05.2000	Sacramento (USA)
	Snatch	120	Jyrki Welling	1974	FIN	14.03.1998	Parkano (FIN)
62 kg	C & J	147	Jyrki Welling	1974	FIN	29.04.1998	Riesa (GER)
	Total	265	Jyrki Welling	1974	FIN	14.03.1998	Parkano (FIN)
	Snatch	145	Armenak Takhmazian	1972	DEN	26.04.2000	Sofia (BUL)
69 kg	C & J	170	Armenak Takhmazian	1972	DEN	24.11.1999	Athens (GRE)
	Total	315	Armenak Takhmazian	1972	DEN	26.04.2000	Sofia (BUL)
	Snatch	150	Ali Oksala	1980	FIN	29.10.2000	Tampere (FIN)
77 kg	C & J	185	Ali Oksala	1980	FIN	12.10.2000	Rijeka (CRO)
	Total	332	Ali Oksala	1980	FIN	29.10.2000	Tampere (FIN)
	Snatch	152	Milko Tokola	1992	FIN	13.04.2016	Förde (NOR)
85 kg	C & J	186	Miika Antti.Roiko	1988	FIN	23.05.2009	Kalajoki (FIN)
	Total	335	Milko Tokola	1992	FIN	13.04.2016	Förde (NOR)
	Snatch	162	Benjamin Pirkkiö	1979	FIN	22.05.1998	Sofia (BUL)
94 kg	C & J	201	Miika Antti.Roiko	1988	FIN	11.04.2014	Tel Aviv (ISR)
	Total	360	Benjamin Pirkkiö	1979	FIN	07.07.1999	Savannah (USA)
	Snatch	175	Miika Huhtala	1979	FIN	09.10.2004	Lempälää (FIN)
105 kg	C & J	212	Janne Kanerva	1970	FIN	14.11.1998	Lahti (FIN)
	Total	380	Janne Kanerva	1970	FIN	14.11.1998	Lahti (FIN)
	Snatch	195	Stian Grimseth	1972	NOR	28.11.1999	Athens (GRE)
+105 kg	C & J	235	Stian Grimseth	1972	NOR	24.05.1999	Moscow (RUS)
	Total	430	Stian Grimseth	1972	NOR	28.11.1999	Athens (GRE)
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Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
	Snatch	95	Mikko Kuusisto	1982	FIN	22.09.1999	Spala (POL)
56 kg	C & J	120	Mikko Kuusisto	1982	FIN	22.11.1999	Athens (GRE)
	Total	212	Mikko Kuusisto	1982	FIN	22.09.1999	Spala (POL)
	Snatch	113	Toni Lintula	1989	FIN	17.03.2009	Rovaniemi (FIN)
62 kg	C & J	136	Toni Lintula	1989	FIN	14.03.2009	Tampere (FIN)
	Total	248	Toni Lintula	1989	FIN	14.03.2009	Tampere (FIN)
	Snatch	120	Milko Tokola	1992	FIN	16.01.2010	Turku (FIN)
69 kg	C & J	145	Milko Tokola	1992	FIN	28.07.2009	Landskrona (SWE)
	Total	261	Milko Tokola	1992	FIN	16.01.2010	Turku (FIN)
	Snatch	150	Ali Oksala	1980	FIN	29.10.2000	Tampere (FIN)
77 kg	C & J	185	Ali Oksala	1980	FIN	12.10.2000	Rijeka (CRO)
	Total	332	Ali Oksala	1980	FIN	29.10.2000	Tampere (FIN)
	Snatch	147	Ali Oksala	1980	FIN	26.11.1999	Athens (GRE)
85 kg	C & J	185	Ali Oksala	1980	FIN	10.10.1999	Rovaniemi (FIN)
	Total	330	Ali Oksala	1980	FIN	26.11.1999	Athens (GRE)
	Snatch	162	Benjamin Pirkkiö	1979	FIN	22.05.1998	Sofia (BUL)
94 kg	C & J	200	Benjamin Pirkkiö	1979	FIN	07.07.1999	Savannah (USA)
	Total	360	Benjamin Pirkkiö	1979	FIN	07.07.1999	Savannah (USA)
	Snatch	152	Benjamin Pirkkiö	1979	FIN	10.10.1999	Rovaniemi (FIN)
105 kg	C & J	192	Mika Kuoksa	1979	FIN	28.11.1999	Athens (GRE)
	Total	342	Benjamin Pirkkiö	1979	FIN	10.10.1999	Rovaniemi (FIN)
	Snatch	163	Vebjørn Varlid	1990	NOR	27.11.2010	Limassol (CYP)
+105 kg	C & J	191	Vebjørn Varlid	1990	NOR	05.12.2009	Naustdal (NOR)
	Total	345	Vebjørn Varlid	1990	NOR	20.06.2010	Sofia (BUL)
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	Snatch	71	Omed Alam	1999	DEN	15.09.2012	Hillerød (DEN)
50 kg	C & J	90	Toni Lintula	1989	FIN	30.10.2004	Pori (FIN)
	Total	160	Toni Lintula	1989	FIN	30.10.2004	Pori (FIN)
	Snatch	95	Mikko Kuusisto	1982	FIN	22.09.1999	Spala (POL)
56 kg	C & J	120	Mikko Kuusisto	1982	FIN	22.11.1999	Athens (GRE)
	Total	212	Mikko Kuusisto	1982	FIN	22.09.1999	Spala (POL)
	Snatch	104	Milko Tokola	1992	FIN	26.01.2008	Rovaniemi (FIN)
62 kg	C & J	123	Milko Tokola	1992	FIN	26.01.2008	Rovaniemi (FIN)
	Total	227	Milko Tokola	1992	FIN	26.01.2008	Rovaniemi (FIN)
	Snatch	119	Milko Tokola	1992	FIN	05.07.2009	Orivesi (FIN)
69 kg	C & J	145	Milko Tokola	1992	FIN	28.07.2009	Landskrona (SWE)
	Total	260	Milko Tokola	1992	FIN	05.07.2009	Orivesi (FIN)
	Snatch	127	Omed Alam	1999	DEN	15.09.2016	Nowy Tomysl (POL)
77 kg	C & J	153	Eskil Andersen	1999	NOR	05.12.2016	Eliat (ISR)
	Total	278	Omed Alam	1999	DEN	15.09.2016	Nowy Tomysl (POL)
	Snatch	126	Eskil Andersen	1999	NOR	18.11.2016	Vigrestad (NOR)
85 kg	C & J	155	Jarleif Amdal	1988	NOR	10.12.2005	Frankfurt Oder (GER)
	Total	280	Jarleif Amdal	1988	NOR	10.12.2005	Frankfurt Oder (GER)
	Snatch	126	Øystein Robberstad	1990	NOR	29.12.2007	Gjøvik (NOR)
94 kg	C & J	156	Sindre Rørstadbotnen	1992	NOR	04.12.2009	Naustdal (NOR)
	Total	281	Øystein Robberstad	1990	NOR	29.12.2007	Gjøvik (NOR)
	Snatch	145	Vebjørn Varlid	1990	NOR	08.12.2007	Vigrestad (NOR)
+94 kg	C & J	176	Roni Peltonen	1998	FIN	31.10.2015	Tysvær (NOR)
	Total	316	Roni Peltonen	1998	FIN	31.10.2015	Tysvær (NOR)
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