



## **Minutes of the NTF Congress in Sundsvall, Sweden, 15 November 2019**

The congress took place in Scandic Hotel Strand at 20:00 pm. 25 persons participated.

### **1. Opening of the congress, election of secretary and appointment of voters**

NTF's President Karoliina Lundahl welcomed the delegates and declared the congress for opened. Trond Kvilhaug was elected as secretary for the congress.

Entitled to vote on behalf of their MF (Member Federation) were:

- DEN: David Havmand
- FIN: Leena Kaisa Vartiainen
- ISL: Ingi Gunnar Olafsson
- NOR: Geir Amund Svan Hasle
- SWE: Bo Johansson

### **2. Approval of agenda**

The agenda was approved without any changes.

### **3. Adjustment of the protocol from the congress at Vigrestad, 11 October 2019**

The protocol was unanimously approved without any adjustments.

### **4. Confirmation of the Nordic Records**

The Nordic records as per 31 October were sent to the MFs before the congress. Close to the congress a few more records were registered and these were reviewed at the congress.

### **5. Nordic Youth and Junior Championships 2019 in Sundsvall**

#### *5.1 Statement of the organizing committee*

Lars Nilsson gave an orientation on behalf of the organizing committee.

Weigh-in takes place at the hotel and starts at 07:30. Bus leaves twice in the morning to the competition hall; at 08:30 and approx. 08:50. Breakfast at the hotel starts at 07:00. Sauna in basement of the hotel. Lunch is available at the venue. There is one designated platform to each nation in the warm-up area. The competition starts at 09:30 both days and will be streamed. The banquet at the hotel will start at 20:00 - 20:30.

#### *5.2 Verification of final entries*

Initially the following decisions were made:

- "The 20 kg rule" will not be in force (it was applied at the Nordic Seniors 2019 in October due to IWF Bronze level status of these championships).
- An athlete is permitted to start in clean & jerk if she / he bombs out in snatch.

The national teams read in turn their written corrections of athletes and categories. Nine groups of lifters were decided. Due to travel schemes for some of the teams seven groups were scheduled for Saturday and two groups (81 - 89 kg and 96 to +109 kg Junior Men) on Sunday, which also had been indicated by email before the congress.



## 5.3 Examination of referees

On proposal from the Swedish WF Martin Zung (SWE) will be examined for International Category 1 during the first day of the championships.

## 5.4 Appointment of Technical Officials

Lars Olof Stålnér (SWE), Larisa Izumdurova (NOR) and Jari Hirvonen (FIN) were appointed as jury. Patrik Helgesson, Lars Nilsson and Trond Kvilhaug distributed the remaining referees for the various TO – positions.

## 6. Proposals to the congress

### 6.1 Application for IWF Development Funds for Regional Federations (by February 2020)

The IWF Development Program has a top limit of the amount of support, as follows:

- 6 000 USD per year for equipment
- 8 000 (MFs) or 10 000 (RFs) USD per year for seminar

An application on behalf of NTF should be sent before the deadline to IWF (1 February 2020) Each MF is therefore encouraged to make a proposal before 31 December 2019. The NTF application will then be selected from the incoming proposals. The Finnish WF has already delivered a draft proposal for their yearly “Weightlifting Training Camp and Carneval Open for Nordic Youths” 27 – 31 July 2020.

### 6.2 Time schedule for future Nordic championships

The discussion on the Danish proposal (competitions on Friday – Saturday and banquet on Saturday evening) from the previous congress was followed up. The opinion among the MFs were different, as Iceland supported the Danish proposal while Norway and Finland did not. It was decided to await the situation after the Board meeting in the Swedish WF next week. In addition, a specific time plan for the Nordic Seniors in Copenhagen should be made by Denmark before final voting. Assuming the congress to take place early on Friday to avoid an extra overnight lodging, and verification of the final entries and groups to be held electronically before the congress, were considered as elements in favor of the proposal.

### 6.3 NTF's 80-year anniversary in 2020

How should NTF mark this anniversary? One idea is that Eleiko would be interested in supporting a training camp at their facilities in Halmstad. E.g. a national team level pre-Olympic training camp with top Nordic lecturers. The banquet dinner would then be the 80-year anniversary.

Karoliina Lundahl invited the delegates to take the message back home to the MF Boards and send in other ideas to NTF at the end of 2019 as the latest.

## 7. NTF Honorary Medal and Elite Pin proposals – orientation to the congress

Such proposals are not subject to the congress (proposals can be send to NTF at any time). However, the congress is traditionally informed. The Norwegian WF had sent a note for the Elite pin for two of their female athletes;

- No. 154: Sol Anette Waaler, who achieved the requirements several times in 2018 and 2019, her best total result being 195 kg in 59 kg category at the Norwegian Senior Championships 2 March 2019.
- No. 155: Marit Årdalsbakke, with a total of 194 kg in the 64 kg category at the European Championships 7 April 2019 in Georgia.



## 8. Any other business

### 8.1 Proposal for Youth Olympic Categories in 2022

New proposals subject to approval by IOC are:

Men	Women
55 kg	45 kg
61 kg	49 kg
67 kg	55 kg
73 kg	59 kg
81 kg	64 kg
+81 kg	+64 kg

The above proposal looked good to the congress as they are in line with the old bodyweight categories, and the NTF president will take this to IWF.

Karoliina Lundahl finally thanked all the delegates for smooth cooperation and good discussions during the whole session, and closed the congress.

Karoliina Lundahl  
President Nordic WF

Trond Kvilhaug  
General Secretary Nordic WF