



Nordic Weightlifting Federation

Minutes of the NTF Extraordinary Congress February 3, 2022

The Congress was held on the Zoom digital video platform at 20:00 Swedish time. Føroya Styrkisamband (FSS) at the Faroe Islands was invited and a total of 13 persons participated.

1. Opening of the Congress, election of Secretary and appointment of Voters

NTF's President Karoliina Lundahl welcomed the delegates and declared the Extraordinary Congress for opened.

Trond Kvilhaug was elected as secretary for the Congress.

The following were entitled to vote on behalf of their Member Federation (MF):

- Denmark (DVF): Tina Facius
- Faroe Islands (FSS): Heini Hatun
- Finland (SPNL): Sari Kola
- Iceland (LSI): Arni Runar Baldursson
- Norway (NVF): Hilde Næss
- Sweden (STF): Joakim Eriksson

2. Approval of the Agenda

Chairwoman Karoliina Lundahl reviewed the agenda and commented on each of the items. She had also prepared an online voting system for the items that required voting.

The agenda was approved without any changes.

3. Adjustment of the Protocol from the NTF Congress at Stavern (NOR) on November 26, 2021

The protocol was unanimously approved without any adjustments.

4. Member Federation Representatives

According to the new NTF Constitution each Member Federation should assign a representative to NTF. If a representative is not assigned, the President of the Federation will act as the MF Representative. The Representative will be responsible for forwarding information from NTF within her/his MF. The following persons were assigned:

- Denmark (DVF): Henrik Schou Madsen (GS)
- Faroe Islands (FSS): Heini Hatun
- Finland (SPNL): Sari Kola
- Iceland (LSI): Magnus Thordarson
- Norway (NVF): Arne Grostad (GS)
- Sweden (STF): Sebastian Nurmi (GS)

5. Faroe Islands Membership Application

NTF received an application from the Faroe Islands for membership in NTF immediately before the previous Congress in Stavern. The Stavern Congress accepted the membership *in principle* but the finalization of the Faroese membership was postponed to this Congress since the recently revised NTF Constitution became valid from January 1, 2022.



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The Faroe Islands are an autonomy region of Denmark and does not have a National Olympic Committee. Thus, they will be designated as a Sport Country. In IWF such countries are Associate Members but in NTF a Sport Country will be a full member.

A voting was held and resulted unanimously in admission of the Faroe Islands as a Sport Country in Nordiska Tyngdlyftningsförbundet.

6. Name of Nordiska Tyngdlyftningsförbundet

At the Stavern Congress Norway proposed to change the name of Nordiska Tyngdlyftningsförbundet (Swedish) to Nordic Weightlifting Federation (English). Two former presidents and the former General Secretary had been asked about NTF's history and their opinion about name change, and their written replies (email) was shown to the Congress by share-screening. All three recommended an official name change to English to be unmistakably recognised internationally.

A voting was held and resulted unanimously in:

- New official name: Nordic Weightlifting Federation
- New acronym: NWF

7. Logo of Nordic Weightlifting Federation

As a consequence of the decisions in items 5) and 6) the change of the federation's acronym and the flag of Faroe Islands will be added to the logo. The new logo will be approved in an online meeting before any official mail will be sent out regarding Nordic Championships, etc. Vice President Patrik Helgesson will work on the new logo and gave himself a deadline to May 1 to finalize it.

8. Nordic Championships Rotation

The Faroe Islands had indicated that they will be very interested to arrange a Nordic event in 2024 if their application of membership was approved. On this background the Stavern Congress decided the following organizing MF for the next two years:

Year	Senior Nordics	Youth & Junior Nordics
2022	FIN	ISL
2023	SWE	FIN

This Congress was positive to the request by the Faroe Islands and since Norway had the Nordics U17 & Junior in 2021 in Stavern it was proposed to put Norway at the end of the rotation to complete the next cycle. The following rotation for 2024 – 2027 was thus decided unanimously:

Year	Senior Nordics	Youth & Junior Nordics
2024	FRO	DEN
2025	ISL	SWE
2026	NOR	FRO
2027	DEN	NOR



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9. Dates for 2022 Nordic Championships

Senior Championships – Finland

Will take place in October / November in Rovaniemi. Dates are not decided yet, but will be at the next national Board Meeting in a couple of weeks.

Youth & Junior Championships – Iceland

Tentatively dates are November 11. – 13, maybe at Hveragerdi (same place and venue as Nordic Seniors 2018). Organized bus transport T/R Reykjavik Airport will be highly appreciated.

10. Ratification of the Athletes' Commission (AC)

The Nordic Weightlifting Federation AC will be one of the first in the world at regional level – if not the first. Before this Congress the MF have nominated one male and one female as their Athlete Representatives:

- Denmark (DVF): Katrine Nim Bruhn, Anders Holm-Nielsen
- Faroe Islands (FSS): No voting rights until athletes have competed in Nordic Championships
- Finland (SPNL): Saara Retulainen, Jesse Nykänen
- Iceland (LSI): Katla Björk Ketilsdóttir, Arni Runar Baldursson
- Norway (NVF): Ine Andersson, Kim Eirik Tollefsen
- Sweden (STF): Paula Junhov Rindberg, Klas Ekberg

A constituent meeting with the NWF (NTF) President will be held in person in Upplands Väsby on February 11 – 12, where the athletes will choose a President and a Vice President amongst themselves. There will also be an online appearance by two persons; i) the IWF Athletes' Commission Chairwoman Sarah Davies (GBR), and ii) IWF Strategy & Business Development Manager Jean-Marc Exhenry.

11. Any other business

On behalf of Føroya Styrkisamband Heini Hatun expressed great acknowledgement for a warm welcome by Nordic Weightlifting Federation on a rather short notice. The membership will be a strong motivation for their future activities.

Karoliina Lundahl finally thanked all the delegates for a nice Congress and pointed out that the Athletes' voice are very important in the future, and that consultation and advices from the Athletes' Commission will constitute a prominent line in the federation's future work.

Karoliina Lundahl
President NWF

Patrik Helgesson
Vice President NWF

Trond Kvilhaug
General Secretary NWF