



Congress delegates

- Denmark** Anders Bendix Nielsen, Erling Langtved, Tina Beiter
- Finland** Pekka Niemi, Heikki Rautapuro, Hanna Keränen
- Norway** Per Mattingsdal, vice President NTF, Sigvald K Monsen, Rune Rasmussen, Arne Grostad
- Sweden** Benny Johansson, President NTF, Håkan Johanson, General Secretary NTF, Krister Kjellander, Kjell-Åke Johansson, Eva Helgesson, Rolf Ullman, Emma Sjölin, Emil Rinse, Patrik Helgesson

1 Opening of the congress, election of secretary for this congress

The congress delegates were welcomed by the NTF President, Benny Johansson, who declared the congress for opened.

Håkan Johanson was elected as secretary.

2 Approval of the agenda

The agenda was approved.

3 Adjustment of protocol (notes) from Hilleröd (October 2009)

Item 6 (Nordic Championships): Correct date for the Nordic Championships Youth/Junior Landskrona shall be October 8-10.

Anders Bendix Nielsen informed the meeting about the death of Finn Jensen. The minutes was approved.

4 Confirmation of the Nordic records (including U23)

The record list of Youth are to be completed by the Finnish WF.

Anders Bendix Nielsen proposed that the records U23 women should be the same as women senior. The meeting approved. It will start 2011.

5 Proposals (from Norway) to the Draft of Rules for the Nordic WF (attached)

The Norwegian WF proposed new classify of the Nordic Championships women Youth, Junior U23 and Senior. The proposal was approved and from 2011 are the four categories are the following:

Youth

- a) 44 kg, 48 kg, 53 kg
- b) 58 kg, 63 kg,
- c) 69 kg, + 69 kg

Junior

- a) 48 kg, 53 kg, 58 kg
- b) 63 kg, 69 kg
- c) 75 kg, + 75 kg

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Senior

- a) 48 kg, 53 kg, 58 kg
- b) 63 kg, 69 kg
- c) 75 kg, + 75 kg

6 NTF Honorary Medals: proposals

The President asked the meeting if there were any proposals. No one had any proposals. Then The president propose that Esa Lomma was honoured with NTF Honorary Medals first degree. The meeting approved and the medal will be given to Esa Lomma at the next Nordic Championships in Spydeberg. November 2010.

7 Nordic Championships 2011

- a) Nordic Championships seniors, U23 and Team Championships will be organized by the Finnish WF preliminary in September 2011.
- b) Nordic Championships youth/juniors will be organized by the Norwegian WF in Stavanger the last weekend of October 2011.

Anders Bendix Nielsen comment that the order of the championships has been changed, but it was accepted.

8 The 70 years Anniversary of NTF 2010

The General Secretary has earlier sent to and asked for historical statistics and text from the respectively federations. It shall cover the years 1940 - 2010. It must be hand over to the General Secretary before end of March and the book shall be ready May/June 2011.

An exclusive medal will be delivered at the banquet. Each federation will also get a number of medals to take home and deliver to merited leaders.

9 Nordic Youth- and Junior Championships 2010 (Landskrona)

a) Statement of the Organizing Committee

Weigh in will take place at the hotel. There is no sauna at the hotel, bus will take athletes to the sport hall for sauna.

Finland are going by their own bus to the competition. Denmark also offer to take participants in their bus.

Lunch is served 12.30 - 14.00 in the VIP room of Landskrona BoIS.

Ceremonies: Three athletes from each participating federation.

First presentation will start 10.45 Saturday and Sunday.

Opening ceremony at 10.55.

Competition start at 11.00.

10 minutes break between snatch and jerk.

Presentation of the next group after the last C&J, then priceceremony.

Four warming up platform is enough.

b) Confirmation of starting list

The starting list was settled after a few corrections. The competition was divided in seven groups on Saturday and four groups on Sunday:

Nordiska Tyngdlyftningsförbundet



Saturday

- Group 1 Girls 44-58 kg
- Group 2 Girls 63- +69 kg
- Group 3 Boys 56-62 kg
- Group 4 Boys 69-77 kg
- Group 5 Boys 85-94 kg
- Group 6 Women 48-58 kg
- Group 7 Women 63-+75 kg

Sunday

- Group 1 Men 56-69 kg
- Group 2 Men 77-85 kg
- Group 3 Men 94 kg
- Group 4 Men 105-+105 kg

c) Examination of referees

Tina Beiter, DEN, will be examined at Saturday to Category 1.
Steinar Kvame, NOR will be examined at Sunday to Category 2.

d) Appointment of jury members, technical controllers, referees and other technical officials.

Jury: Benny Johansson, SWE, President of jury
Per Mattingsdal, NOR
Esa Lomma, FIN

Benny Johansson and Per Mattingsdal will produce a referee list.

10 Any other business

The competition requires that each federation participate with a minimum of one referee, otherwise it will be a problem to organize the championships in a correct way. Each federation pays accommodation fees for the participating referees.

11 Closing the technical meeting

The NTF President thanked the delegates for a smooth running congress and closed it.

Benny Johansson
President Nordic WF

Håkan Johanson
General Secretary Nordic WF