



Minutes of the NTF Congress November 10, 2021

The Congress was held on the Zoom digital video platform at 19:00 Swedish time. 18 persons participated.

1. Opening of the Congress, election of secretary and appointment of voters

NTF President Karoliina Lundahl welcomed the delegates and declared the Congress opened. NTF General Secretary Trond Kvilhaug was elected as secretary for the Congress.

Entitled to vote on behalf of their Member Federations (MF) were:

- DEN: Anders Bendix Nielsen
- FIN: Esa Lomma
- ISL: Magnus B. Thordarson
- NOR: Stian Grimseth
- SWE: Joakim Eriksson

2. Approval of the agenda

Item 3: Misprint: The correct date is December 16 2020 (not November 27).

Item 5.3: Postponed due to a proposed change in the wording of NTF's Rules and Regulations (8.2.).

Item 8.2: Could be time-consuming and therefore moved to the end of the Congress.

The agenda was then approved without any other changes.

3. Adjustment of the protocol from the congress in connection with the Nordic U17 and Junior Online Championships, December 16 2020

The protocol was approved without any adjustments.

4. Confirmation of the NTF Activity Report 2020, including the Financial and Auditor's Report

Karoliina Lundahl presented the Activity Report 2020 section by section and asked for comments and questions.

Trond Kvilhaug briefly presented the main sources of income and expenses in the Financial Report, pointing out that some of the activities reflect different years (different accounting periods).

Auditor Esa Lomma arrived later and Karoliina Lundahl therefore read the Auditor Report, approving a net deficit of NOK 6 590 for 2020. The final statement in the Auditor's Report is: "The members of the board can be granted discharge under above period".

No comments were put forward and the Congress approved unanimously the complete Activity Report.

5. Elections

Karoliina Lundahl firstly expressed that if more than one candidate is proposed the elections will be postponed to the competitions in Copenhagen (Nov. 12 – 13) to arrange secret ballot when the representatives are physically present. No motions came from the floor and the obtained results, with a working period of two years, were as follows:

5.1 President: Karoliina Lundahl FIN (re-elected)

Vice - President: Patrik Helgesson SWE (re-elected)



5.2 *General Secretary:* Trond Kvilhaug NOR (re-elected)

5.3 *Executive Board:* Postponed to next congress due to proposed changes, see Item 8.2.

5.4. *Auditor:* Esa Lomma FIN (re-elected)

6. Nordic Senior Championships 2021 in Copenhagen

6.1 Statement of the organizing committee

The organizer by Anders Bendix Nielsen reviewed the event. Weigh-in takes place at Hotel Østerport. The time schedule of the competitions is based on the thumb rule of 7 lifters per hour. Presentation of next group and medal ceremonies take place in the 10 minutes break between the groups. The banquet, including NTF's 80 years anniversary cake, will take place at the venue. The competitions will be streamed and the organizer will send an email with the livestream link along with the current pandemic guidelines for Denmark.

6.2 Confirmation of the starting list

Anders Bendix Nielsen sorted out the few incoming changes of the start lists. Seven groups in total were decided, two groups were scheduled for Friday and five groups for Sunday. The start of the competitions were confirmed at 18:00 on Friday and 11:00 on Saturday, respectively.

6.3 Appointment of Technical Officials (TO)

The organizers by Pouline Gringer was finalizing the work on a proposal for the distribution of TO, which will be accepted. Erna Hedinsdottir (ISL) will be examined for Category 1.

7. Confirmation of the Nordic Records as per November 10, 2021

The record lists were sent to all two days before the Congress. They were approved without any comments. A lot of new records have been set in all categories this year, which continues the good development from last year.

8. Proposals to the Congress

8.1 NTF Annual membership fee

The annual fee has been 600 Euros since 2006. There was a deficit for NTF in 2020 and there will also be a deficit in 2021 according to prognosis. Also, NTFs activities are supposed to grow and NTF therefore suggested to raise the annual fee to 750 Euros per MF. The Congress found this reasonable and the new fee of 750 Euros was unanimously decided.

9. NTF Honorary Medal and Elite Pin proposals – orientation to the Congress

Such proposals are not subject to the Congress (proposals can be send to NTF at any time). However, the congress is traditionally informed.

9.1 NTF Honorary Medals

No proposals were received by NTF so far in 2021.

9.2 NTF Elite Pin

Five athletes have achieved the requirements for the Elite Pin in 2021, four females and one male:



- No. 158: Sandra Jensen (DEN), with a total of 167 kg in 49 kg category at the European Championships in Moscow, April 3.
- No. 159: Jenny Adolfsson (SWE), with a total of 195 kg in the 64 kg category at the European Championships in Moscow, April 6.
- No. 160: Daniela Gherman (SWE), with a total of 205 kg in the 64 kg category at the European Championships in Moscow, April 6.
- No. 161: Solfrid Koanda (NOR), with a total of 235 kg in the 87 kg category at the European Championships in Moscow, April 10.
- No. 162: Stefan Ågren (SWE), with a total of 365 kg in the 109 kg category at the Swedish National Championships in Halmstad, October 10.

10. Nordic U17 and Junior Championships 2021 in Stavern, Norway November 26 – 28

Norway's General Secretary Arne Grostad gave an orientation. A pleasingly high number of participants were registered (92 as per now) and after several assessments the organizer will run the competitions on Saturday and Sunday on one platform, starting one hour earlier than stated in their invitation. Weigh-in will take place in the competition venue and ten warm-up platforms will be available. Further arrangements concerning these competitions will be:

- An online Technical Meeting on Wednesday Nov. 24 at 19:00 hrs. (Norwegian time) with verification of the final entries.
- A physical congress at Stavernhallen (the competition venue) on Friday Nov. 26 at 20:00 hrs.

11. Nordic Championships 2022 – Member Federation Organizer

Due to the high numbers of athletes registered for Stavern the following two alternatives may become relevant in the future regarding the Nordic U17 and Junior Championships:

- i) Split the age categories and arrange Nordic U17 as a separate event (i.e. a 3rd Nordic event)
- ii) Keep these championships together as now - and prepare for 3 competitions days.

It was decided that these alternatives were brought back to the MF for consideration. Further discussion will take place at the next congress.

12. Any other business

12.1 Discussion about the NTF website

At the end of 2022 the internet platform will not be free anymore. NTFs decision on how to organize their future website may be influenced by the decision of STF and their future agreement, as they have the rights to the website platform.



8.2 Revision of NTF's rules – update of draft sent to the MF on October 3, 2021

This was evaluated as the last item following a 10 minutes break after Item 12.

Norway by President Stian Grimseth had suggested that NTF should implement all relevant articles from IWF's Constitution. Other representatives did not want to adopt uncritically the set of rules from IWF, and by voting the four other MF were in favor of reviewing and voting over the present draft of NTF's Rules and Regulations.

Karoliina Lundahl went through the draft document, which was prepared for online acceptance / rejections, and each change was assessed and voted on. Some key points were:

- A recognition of Sport Country (alongside Country) was approved to be in line with the IWF.
- The name "Rules and Regulations" was changed to "Constitution" ("Rules & Regulations" may be reserved for technical rules).
- An Athletes Commission will be established, which will have three votes (30%) from a total of 10 in NTFs Board (compared to zero votes earlier). Also, gender balance (30%), age limits (maximum age of 75 years) and term limits (five two year terms) for Board members were specified and accepted.
- Individual doping violations that happened within 25 years will prevent candidates from being nominated to NTFs Board, and anyone with two violations will be ineligible.
- A proposal regarding Senior Nordic Records was presented by Denmark; setting new senior records should only be possible at national level competitions or higher. On the other side Iceland suggested to keep it the way it is. Further discussion will take place at the next congress.

Karoliina Lundahl finally thanked the delegates for interesting discussions and taking part in history making; particularly by establishing an Athletes Commission. The new Constitution applies from January 1 2022 and will be in line with the recently modernized IWF Constitution. NTF by its new Constitution has made a big step forward, and is another example of good Nordic cooperation.

Karoliina Lundahl
President NTF

Patrik Helgesson
Vice - President NTF

Trond Kvilhaug
General Secretary NTF