



## New requirements for the Nordic Elite Pin for women and men

The Nordic Elite Pin for women:

Category (kg)	Total (kg)
45	143
49	154
55	173
59	182
64	192
71	205
76	210
81	211
87	213
+87	218

The Nordic Elite Pin for men:

Category (kg)	Total (kg)
55	222
61	248
67	272
73	297
81	311
89	327
96	336
102	347
109	353
+109	371

**The above requirements are valid from November 1<sup>st</sup> 2018.**

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General Secretary Nordic WF