



Nordiska  
Tyngdlyftningsförbundet

Activity Report  
2014

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## **Executive Board**

Nordiska Tyngdlyftningsförbundet hereby presents the activity report for the period January 1<sup>st</sup> - December 31<sup>st</sup> 2014.

The Executive Board of the NTF consisted of:

President                      Benny Johansson, SWE

Vice President              Per Mattingsdal, NOR

General Secretary         Håkan Johanson, SWE

Members                     The current presidents of the national Nordic weightlifting federations.

By 1<sup>th</sup> of November 2014:

Denmark                    Erling Johansen

Finland                     Kimmo Kuukasjärvi

Island                      Lárus Páll Pálsson

Norway                     Per Mattingsdal

Sweden                    Eva Helgesson

### **European Union Weightlifting Confederation**

During the first election of board members of EUWC, Mr. Benny Johansson was elected President, and Mrs. Tina Beiter was elected board member of the executive and chairwoman of EUWC Technical & Scientific Committee.

## **NTF Congress, Slagelse, Denmark, 28.08.2015**

The Congress takes place at Hotel Frederik d. II, Idagårdsvej 3, 4200 Slagelse, at 20.00.

### **1) Opening of the Congress**

Election of secretary for the Congress

### **2) Approval of the Agenda**

### **3) Adjustment of the protocol (minutes) from Landskrona (October 2014)**

### **4) Confirmation of the NTF Activity Report 2014, including financial report and auditors Report**

### **5) Elections**

**5.1 President, Vice President**

**5.2 General Secretary**

**5.3 Executive board**

### **6) Nordic Senior Championships 2015 (Slagelse)**

a) Statement of the Organizing Committee

b) Confirmation of Starting list

c) Examination of referees

d) Appointment of jury members, technical controllers, referees and other technical officials

### **7) Proposals to the Congress**

### **8) Honorary Medals and Elite Pins**

### **10) Nordic Junior- and U 17 Championships 2015 (Tysvær, Norway, 30.10-1.11.2015)**

### **12) Nordic Championships 2016**

### **13) Any other Business**

### **14) The President is closing the Congress**

## Financial Report, Swedish currency

### 01.01.2014 - 31.12.2014

#### Income statement

<b>Revenues</b>	<b>2014</b>	<b>2013</b>
Elit pin	0	2 205
Membership fees	26 408	25 840
Contribution NTF historic	0	0
<b>Total Revenues</b>	<b>26 408</b>	<b>28 045</b>

#### Expenses

Prizes, medals	-7 124	-7 801
Board and lodging	-1 664	-325
Honorary Medals	0	-32 546
Travelling cost	-6 765	-9 011
External cost	-846	-2 352
Representation expenses	-994	0
Allowances	-3 342	-3 548
<b>Total cost</b>	<b>-20 735</b>	<b>-55 583</b>

Exchange differences -22 -22

**Net profit 5 673 -27 560**

#### Balance report

<b>Current assets</b>	<b>2014</b>	<b>2013</b>
Accounts receivables 1)	5 820	19 640
Bank	34 426	14 264
<b>Total assets</b>	<b>40 246</b>	<b>33 904</b>

#### Equity and liabilities

Equity	-13 578	-41 138
Net profit	-6 342	27 560
<b>Total equity</b>	<b>-19 920</b>	<b>-13 578</b>

#### Current liabilities

Accounts Payable	0	0
Short-term debts 2)	-20 326	-20 326
<b>Total equity and liabilities</b>	<b>-40 246</b>	<b>-33 904</b>

#### 1. Accounts receivables

Iceland membership fee 2010 5 820  
**5 520**

#### 2. Short-term debts

IWF contribution referee course Stavanger 2011.

## Minute of the NTF Technical Conference, Vigrestad 30<sup>st</sup> of May 2014

The technical conference took place at Jaeren Hotel, Bryne at 20.00 pm. It was attended by 21 delegates from all five Nordic federations.

### 1 Opening of the conference, election of secretary for this congress

The conference delegates were welcomed by the NTF President, Benny Johansson, who declared the conference for opened.

Håkan Johanson was elected as secretary.

#### Entitled to vote:

Anders B Nielsen, DEN

Pekka Niemi, FIN

Larus Pall Palsson, ISL

Per Mattingsdal, NOR

Eva Helgesson, SWE

### 2 Approval of the agenda

The agenda was approved.

### 3 Nordic Senior Championships 2014 (Vigrestad)

#### A) Statement of the Organizing Committee

Benny Johansson pointed out that the Organizing Committee has communicated in a good way with lot of documents.

Per Mattingsdal presented the program for the weekend. Good number of participants, 49 athletes. Competition during one day, which means early weight in. Competition start 10.00. Discussion about break between snatch and clean & jerk, decision ; five minutes. 10 minutes break between the groups.

#### B) Confirming of Starting List

Benny Johansson read the final entries and the starting list was confirmed.

#### C) Examination of referees

There were no proposals to examine referees.

#### D) Appointment of jury member, technical controllers, referees and other TO

A TO schedule was presented by Per Mattingsdal and was approved by the delegates.

### 4 Adjustment of protocol (minutes) from Copenhagen 1<sup>st</sup> of November 2013

Adjustments:

Page 3, member of the board for Norway shall be **Tryggve Duun**.

Page 8, **Taisto** Kuoppala.

After these adjustments the minute was approved.

## **5 Confirming of the NTF Activity Report 2013, including Financial Report and Auditors Report**

The Activity Report was presented by Benny Johansson and the Financial Report was presented by Håkan Johanson. The negative net profit was due to purchase of Honorary Medals. The Activity Report and the Financial Report was approved. Håkan Johanson read the Auditors Report, which was approved by the conference.

## **6 Confirmation of the Nordic records**

Pekka Niemi reported corrections to the record list:

Junior women category 58 kg, the total result by *Heidi Harju 21.4.2002, Antalya TUR.*

New record during 2013: *Youth men category 50 kg, snatch 71 kg, Joonas Kankaanpää, 19.12.2013, Pori, FIN.*

After the corrections, the Record List was approved.

## **7 Proposals to the Congress**

No proposals were put forward.

## **8 Changes in NTF Constitution (decision)**

The presidia presented proposals changes of the Rules of NTF in four paragraphs. The main proposal was to change the competition for women, so they compete in body weight. It calls for changes in following paragraphs:

§ 8 b, Senior Women Championships

§ 8 d+k, Junior Women Categories

§ 8 e+j, Girl's Youth Championships

§ 8 g, Team Trophies.

The proposals were approved and the presidia were assigned to rewrite the NTF Rules according to the decision. The new rules are valid at once.

## **9 Honorary Medals and Elite Pins**

Norway (Per Marstad) propose Per Mattingsdal for NTF:s 1<sup>st</sup> Degree Honorary Medal. The proposal was approved and the Honorary Medal shall be distributed at the next Nordic Championships in Landskrona.

## **10 Nordic Junior and Youth Championships 2014 (Landskrona, Sweden)**

Eva Helgesson informed the Congress on the next Championships in Landskrona, October 24-26, 2014. It will be a test competition to the forthcoming of the European Championships Under 15/17, 2015. Eva asked the delegates visiting Landskrona in November to give feedback on the competition. In the same time there will be a referee course in Halmstad and the participants of the course will also practice on the Nordic Championships. The participating Nordic federations must be aware of that they only can bring one referee from each federation to Landskrona.

## **11 Nordic senior Championships in the future**

The question was raised during the Technical Meeting in Copenhagen. There were three proposals:

- A) Every second year

- B) Every year
- C) Every year except Olympic year.

The result of the voting was that proposal B won with four to one. Only Finland voted for proposal A. The Nordic Championships senior will now on be organized every year.

## **12 Nordic Championships 2015**

The Congress decided:

Senior 2015 – Denmark

Youth/Junior 2015 – Norway

## **13 Any other business**

### A) How to handle Final entries (and verification) in the future?

The Congress decided that the final entries handle over to the presidia before the congress/technical meeting. The presidia present the final starting list at the congress/technical meeting.

## **14 Closing the Congress**

The NTF President thanked the delegates for a smooth running congress and closed it.

Benny Johansson  
President Nordiska TF

Håkan Johanson  
General Secretary Nordiska TF

## **Minute of the NTF Technical Conference, Landskrona 24<sup>th</sup> of October 2014**

The Technical Conference took place at Hotel Öresund at 20.00 pm.

### **1 Opening of the conference, election of secretary for this congress**

The conference delegates were welcomed by the NTF President, Benny Johansson, who declared the conference for opened.

Håkan Johanson was elected as secretary.

#### Entitled to vote:

Anders B Nielsen, DEN

Pekka Niemi, FIN

Larus Pall Palsson, ISL

Per Mattingsdal, NOR

Erling Åkesson, SWE

### **2. Approval of the agenda**

The agenda was approved.

### **3. Adjustment of the protocol (minutes) from Vigrestad (May 2014)**

The minute was approved.



#### **4. Nordic Championships 2014 Landskrona**

- Statement of the Organizing Committee was made by Patrik and Eva Helgesson.
- For the first time the Nordic WF used the verification of final entries. The starting list was divided into eight groups.
- Denmark applies for an examination of Mr. Jabber Yazdani to International referee category 1. It was approved by the meeting.
- The referee list was presented by Mrs. Tina Beiter. It consists of the referees participating at the Technical Seminar.

#### **5. Confirmation of the Nordic records**

The reported corrections from the Congress at Vigrestad shows up to be wrong and are now restored to its former state.

Finland reported one new record and one correction:

Women youth category 44 kg

*Snatch 48 kg, Kirsi-Marja Mikkala, FIN, 20-09-2014, Rovaniemi, new record.*

*Total 102 kg, Salma Zakole, FIN, 09-10-2002, Oulu, correction.*

After the corrections, the Record List was approved.

#### **6. Proposals to the Technical Conference**

Three proposals were put forward:

1. Proposal from FIN to change the system for Team Competition from 12-9-8-7 and so on, to 7-5-4-3-2-1. The proposal was approved and will be used from these championships.
2. Proposal from NOR and DEN concerning §10 e The Nordic Club Team Championships. NOR proposes the present text: *"The lifters taking part in the Club Team Championship must be registered in the same club and come from the same country."* DEN proposes a new text: *"The lifters have to live in the Nordic country where the club is situated."* After voting the proposal from NOR won.

#### **7. Nordic Weightlifting Federation Rules: Confirming new rules**

Presidia were assigned to rewrite the NTF Rules according to the decisions from the Congress at Vigrestad and this Technical meeting. The new rules are valid at once.

#### **8. Honorary Medals and Elite Pins: Proposals**

No proposals were put forward.

#### **9. Nordic Championships 2015 and 2016**

The meeting decided:

2015: Senior and Club Team Championships Slagelse, DEN, 28-30<sup>th</sup> August

2015: Youth and Junior Championships Haugesund, NOR, 30<sup>th</sup> October – 1<sup>st</sup> November

2016: Senior and Club Team Championships in Finland

2016: Youth and Junior Championships at Iceland.

## **10. Any other business**

President Benny Johansson announced that he after 25 year in the NTF organization -as General Secretary, vice President and President- will retire at the Congress in Slagelse, DEN. He urged the Nordic Federations to start looking around for a new president.

## **11. Closing the Congress**

The NTF President thanked the delegates for a smooth running congress and closed it.

Benny Johansson  
President Nordiska TF

Håkan Johanson  
General Secretary Nordiska TF

## **NTF:s 1<sup>st</sup> Degree Honorary Medal**

Number 11 presented to Per Martingsdal, Norway, at the banquet during the Nordic Championships Youth and Junior, in Landskrona 25<sup>th</sup> of October 2014.

## **NTF:s Elite Pin**

<b>No</b>	<b>Name</b>	<b>Nation</b>
130	Sini Kukkonen	Finland
131	Teemu Roininen	Finland
132	Eero Retulainen	Finland

## Nordic Championships Men Senior 2014

52		31.05.2014		VIGRESTAD		
Category	Name	Nat	BW	Snatch	C&J	Total
69 kg	1 Øverås, Jantsen	NOR	67,74	115	132	247
	2 Mukkala, Matias	FIN	68,45	106	135	241
	3 Hilmeresson, Anton	SWE	68,54	108	130	238
77 kg	1 Kring, Tim	DEN	74,69	127	157	284
	2 Matnisdal, Ronny	NOR	76,48	130	145	275
	3 Seipäjärvi, Juho	FIN	74,75	111	149	260
	4 Johnsson, Erik	SWE	76,35	120	140	260
	5 Tokola, Miika	FIN	76,85	105	132	237
85 kg	1 Tokola, Milko	FIN	84,40	140	172	312
	2 Amdal, Jarleif	NOR	84,85	134	163	297
	3 Rothwall, Martin	SWE	84,85	123	145	268
	4 Gregersen, Chris Geji	DEN	82,58	120	145	265
	5 Guðmundsson, Björgvin Karl	ISL	83,80	116	141	257
	0 Darville, Simon	DEN	84,75	130	0	0
94 kg	1 Farnen, Sebastian	NOR	93,85	133	173	306
	2 Rørstadbotnen, Sindre	NOR	93,95	129	170	299
	0 Hannesbo, Morten	DEN	91,06	112	0	0
105 kg	1 Andersen, Mikkel	DEN	103,24	143	169	312
	2 Ågen, Stefan	SWE	104,65	136	169	305
	3 Kristjánsson, Gisli	ISL	104,80	145	160	305
	4 Hellenen, Kristian	NOR	100,90	135	168	303
	5 Grostad, Håvard	NOR	94,60	133	163	296
+105 kg	1 Tollefsen, Kim Eirik	NOR	112,65	153	185	338

### Team Classification

1	Norway	81 points
2	Finland	38
3	Sweden	36
4	Denmark	32
5	Iceland	16

## Championships Women Senior 2014

<b>13</b>		<b>31.05.2014</b>		<b>VIGRESTAD</b>			
<b>Category</b>	<b>Name</b>	<b>Nat</b>	<b>BW</b>	<b>Snatch</b>	<b>C&amp;J</b>	<b>Total</b>	
53 kg	1	Ejstrup, Christina Trier	DEN	52,29	64	80	<b>144</b>
	2	Berntsson, Lena	SWE	52,78	67	77	<b>144</b>
	3	Øvsthus, Sarah Hovden	NOR	50,52	64	76	<b>140</b>
58 kg	1	Ólafsdóttir, Anna Hulda	ISL	57,18	76	90	<b>166</b>
	2	Utoslahti, Pauliina	FIN	56,59	70	85	<b>155</b>
	3	Trædal, Sandra	NOR	56,15	61	78	<b>139</b>
	4	Carlsen, Camilla	NOR	55,03	59	71	<b>130</b>
63 kg	1	Roos, Angelica	SWE	59,33	84	105	<b>189</b>
	2	Everi, Anna	FIN	62,99	84	105	<b>189</b>
	3	Óðinsdóttir, Björk	ISL	61,49	70	102	<b>172</b>
	4	Helgadóttir, Þuríður Eria	ISL	61,25	73	90	<b>163</b>
	0	Årdalsbakke, Marit	NOR	62,97	75	0	<b>0</b>
69 kg	1	Hansson, Carita	SWE	68,46	90	105	<b>195</b>
	2	Davíðsdóttir, Katrin Tanja	ISL	67,37	81	88	<b>169</b>
	3	Sigmundsdóttir, Ragnhélður S.	ISL	68,72	74	94	<b>168</b>
	4	Dagsland, Linn Therese	NOR	68,99	69	78	<b>147</b>
75 kg	1	Berntsson, Annika	SWE	69,11	80	95	<b>175</b>
	2	Brynjulfson, Ingvild	NOR	71,30	70	86	<b>156</b>
+75	1	Llano, Beatrice	NOR	86,45	65	87	<b>152</b>

### Team Classification

1	Norway	56	Points
2	Iceland	48	
3	Sweden	46	
4	Finland	20	
5	Denmark	12	

## Nordic Championships Men Junior 2014

56		26.10.2014		LANDSKRONA			
Category		Name	Nat	BW	Snatch	C&J	Total
62 kg	1	Ollonen, Erkka	FIN	60,38	82	100	182
69 kg	1	Øverås, Jantsen	NOR	67,53	105	50	155
77 kg	1	Suckow-Breum, Kris	DEN	76,96	111	137	248
	2	Lähteenmäki, Jaakko	FIN	76,85	115	132	247
	3	Päiviniemi, Mikael	FIN	76,84	99	130	229
	4	Ægisson, Emil Ragnar	ISL	76,57	102	126	228
	5	Johansson, Oskar	SWE	75,89	98	120	218
	6	Kilinc, Bircan	SWE	76,14	93	121	214
85 kg	1	Nykänen, Jesse Hilmarsson, Guðmundur	FIN	79,93	125	151	276
	2	Högni	ISL	84,88	117	137	254
	3	Liwendahl, Rasmus	SWE	84,49	100	136	236
	4	Biske, Adam	SWE	84,03	102	133	235
	5	Kallioniemi, Ilkka	FIN	83,51	102	122	224
	6	Kristjansson, Högni Hjálmtýr	ISL	82,96	94	127	221
94 kg	1	Gjøringbø, Tore	NOR	92,32	123	163	286
	2	Ridell, Robin	SWE	88,37	105	130	235
	0	Pirkkiö, Rikhard	FIN	93,35	0	0	0
105 kg	1	Keskitalo, Hannes	FIN	94,19	115	157	272
	2	Lindberg, Jani	FIN	95,35	122	150	272
	3	Örn Jónsson, Hilmar	ISL	99,04	121	140	261
+105 kg	1	Velemir, Stefán	ISL	105,60	110	140	250

### Team Classification

1	Finland	37 points
2	Iceland	20
3	Sweden	15
4	Norway	14
5	Denmark	7

## Nordic Championships Women Junior 2014

<b>18</b>		<b>25.10.2014</b>		<b>LANDSKRONA</b>			
<b>Category</b>		<b>Name</b>	<b>Nat</b>	<b>BW</b>	<b>Snatch</b>	<b>C&amp;J</b>	<b>Total</b>
48 kg	1	Tammela, Johanna	FIN	46,93	49	57	<b>106</b>
53 kg	1	Øvsthus, Sarah	NOR	50,32	69	80	<b>149</b>
	2	Johansson, Susanne	SWE	52,80	58	74	<b>132</b>
	3	Jacobsen, Rebekka Tao	NOR	52,00	57	70	<b>127</b>
58 kg	1	Enberg, Emma	SWE	57,11	69	88	<b>157</b>
	2	Jensen, Sandra Högfelddt	DEN	56,03	58	70	<b>128</b>
	3	Kalmari, Iida	FIN	57,51	50	70	<b>120</b>
63 kg	1	Samie, Cornelia	SWE	60,23	68	79	<b>147</b>
	2	Söderqvist, Lita	SWE	59,66	62	78	<b>140</b>
	3	Sigurðadóttir, Sólveig	ISL	62,97	63	75	<b>138</b>
69 kg	1	Hansson, Cornelia	SWE	64,59	75	90	<b>165</b>
75 kg	1	Ólafsdóttir, Freya Mist	ISL	69,38	65	80	<b>145</b>
	2	Mariadóttir, Auður Àsa	ISL	70,91	63	75	<b>138</b>
+75 kg	1	Helgadóttir, Lilja Lind	ISL	76,84	80	103	<b>183</b>
	2	Almasi, Aida	SWE	97,60	68	88	<b>156</b>

### Team Classification

1	Sweden	36 points
2	Iceland	23
3	Finland	11
4	Norway	11
5	Denmark	5

## Nordic Championships Boys Youth 2014

<b>25</b>		<b>25.10.2014</b>		<b>LANDSKRONA</b>			
<b>Category</b>		<b>Name</b>	<b>Nat</b>	<b>BW</b>	<b>Snatch</b>	<b>C&amp;J</b>	<b>Total</b>
56 kg	1	Kankaanpää, Joonas	FIN	55,45	80	90	<b>170</b>
	2	Kristensen, Daniel	DEN	55,97	75	85	<b>160</b>
	3	Lantz, David	SWE	53,23	64	80	<b>144</b>
62 kg	1	Kaikkonen, Samuel	FIN	60,96	78	93	<b>171</b>
69 kg	1	Alam, Omed	DEN	66,61	106	122	<b>228</b>
	2	Kosonen, Jasper	FIN	67,35	85	107	<b>192</b>
	3	Schmidt, Mark	DEN	66,43	82	103	<b>185</b>
77 kg	1	Andersen, Eskil	NOR	69,35	88	112	<b>200</b>
	2	Weil, Eric	SWE	74,85	85	110	<b>195</b>
94 kg	1	Brunou, Mikko	FIN	91,43	107	141	<b>248</b>
	2	Mårtensson, Anton	SWE	89,20	100	134	<b>234</b>
+94 kg	1	Peltonen, Roni	FIN	100,95	120	147	<b>267</b>
	2	Strand, Ole Magnus	NOR	101,66	102	136	<b>238</b>

### Team Classification

1	Finland	33 points
2	Denmark	16
3	Sweden	14
4	Norway	12

## Nordic Championships Girls Youth 2014

<b>17</b>	<b>25.10.2014</b>		<b>LANDSKRONA</b>				
<b>Category</b>	<b>Name</b>		<b>Nat</b>	<b>BW</b>	<b>Snatch</b>	<b>C&amp;J</b>	<b>Total</b>
53 kg	1	Sytelä, Siri	FIN	49,88	52	61	<b>113</b>
	2	Berny, Nanna	DEN	51,56	41	50	<b>91</b>
58 kg	1	Talasterä, Suvi	FIN	57,99	65	80	<b>145</b>
	2	Skuggedal, Nora	NOR	57,88	59	74	<b>133</b>
	3	Rosendahl, Freja	DEN	56,77	53	63	<b>116</b>
63 kg	1	Larsen, Jessie Sarah	DEN	63,00	62	80	<b>142</b>
	2	Liwendahl, Mimmi	SWE	61,90	61	75	<b>136</b>
	3	Hald, Emma	NOR	61,45	55	65	<b>120</b>
Team Classification							
	1	Denmark		16	points		
	2	Finland		14			
	3	Norway		9			
	4	Sweden		5			

## Nordic Club Team Championships Men 2014

<b>1</b>	<b>Rovaniemen Reipas, FIN</b>	<b>998,83 points</b>
	Mukkala, Matias	325,88
	Tokola, Miika	298,78
	Tokola, Milko	374,17
<b>2</b>	<b>Tambarskjelvar IL, NOR</b>	<b>986,21 points</b>
	Øverås, Jantsen	336,26
	Rørstadbotnen, Sindre	341,19
	Gjøringbø, Tore	308,76
<b>3</b>	<b>Sportshøjskolen, DEN</b>	<b>611,31 Points</b>
	Gregersen, Chris Geji	321,34
	Hildebrandt, Max	289,96
	Hannesbo, Morten	0,00



## Nordic Club Team Championships Women 2014

<b>1</b>	<b>Mossebergs AK, SWE</b>	<b>481,16</b>	<b>points</b>
	Roos, Angelica	261,77	
	Berntsson, Lena	217,94	
	Berntsson, Annika	219,39	
<b>2</b>	<b>AK Bjørgvin, NOR</b>	<b>378,73</b>	<b>points</b>
	Carlsen, Camilla	190,39	
	Hasfjord, Marianne	188,34	
	Roa, Carolina	183,62	

## New records during 2014

### Senior Men

#### 94 kg

Clean & Jerk **201** Miika Antti-Roiko 1988 FIN 11-04-2014 Tel Aviv (ISR)

### Senior Women

#### 75 kg

Clean & Jerk **129** Ruth Kasirye 1982 NOR 04-10-2014 Aalborg (DEN)

Total **231** Ruth Kasirye 1982 NOR 04-10-2014 Aalborg (DEN)

### Junior Women

#### 53 kg

Snatch **70** Sarah Hovden Övsthus 1994 NOR 23-11-2014 Limassol (CYP)

#### +75 kg

Clean & Jerk **103** Lilja Lind Helgadóttir 1996 ISL 25-10-2014 Landskrona (SWE)

### Youth Women

#### 44 kg

Snatch **48** Kirsi-Marja Mukkala 1999 IN 20-09-2014 Rovaniemi (FIN)

## Senior Men's Nordic Weightlifting Record as per 31-12-2014

### 56 kg

Snatch	<b>97</b>	Per Söderlind	1965	SWE	20-05-2000	Sacramento (USA)
Clean & Jerk	<b>123</b>	Jarkko Welling	1971	FIN	03-03-2001	Pori (FIN)
Total	<b>220</b>	Per Söderlind	1965	SWE	20-05-2000	Sacramento (USA)

### 62 kg

Snatch	<b>120</b>	Jyrki Welling	1974	FIN	14-03-1998	Parkano (FIN)
Clean & Jerk	<b>147</b>	Jyrki Welling	1974	FIN	29-04-1998	Riesa (GER)
Total	<b>265</b>	Jyrki Welling	1974	FIN	14-03-1998	Parkano (FIN)

### 69 kg

Snatch	<b>145</b>	Armenak Takhmazian	1972	DEN	26-04-2000	Sofia (BUL)
Clean & Jerk	<b>170</b>	Armenak Takhmazian	1972	DEN	24-11-1999	Athen (GRE)
Total	<b>315</b>	Armenak Takhmazian	1972	DEN	26-04-2000	Sofia (BUL)

### 77 kg

Snatch	<b>150</b>	Ali Oksala	1980	FIN	29-10-2000	Tampere (FIN)
Clean & Jerk	<b>185</b>	Ali Oksala	1980	FIN	12-10-2000	Rijeka (CRO)
Total	<b>332</b>	Ali Oksala	1980	FIN	29-10-2000	Tampere (FIN)

### 85 kg

Snatch	<b>150</b>	Toni Puurunen	1977	FIN	26-11-1999	Athens (GRE)
Clean & Jerk	<b>186</b>	Miika Antti-Roiko	1988	FIN	23-05-2009	Kalajoki (FIN)
Total	<b>332</b>	Jaarli Pirkkiö	1967	FIN	14-03-1998	Parkano (FIN)

### 94 kg

Snatch	<b>162</b>	Benjamin Pirkkiö	1979	FIN	22-05-1998	Sofia (BUL)
Clean & Jerk	<b>201</b>	Miika Antti-Roiko	1988	FIN	11-04-2014	Tel Aviv (ISR)
Total	<b>360</b>	Benjamin Pirkkiö	1979	FIN	07-07-1999	Savannah (USA)

### 105 kg

Snatch	<b>175</b>	Miika Huhtala	1979	FIN	09-10-2004	Lempälää (FIN)
Clean & Jerk	<b>212</b>	Janne Kanerva	1970	FIN	14-11-1998	Lahti (FIN)
Total	<b>380</b>	Janne Kanerva	1970	FIN	14-11-1998	Lahti (FIN)

### +105 kg

Snatch	<b>195</b>	Stian Grimseth	1972	NOR	28-11-1999	Athens (GRE)
Clean & Jerk	<b>235</b>	Stian Grimseth	1972	NOR	24-05-1999	Moscow (RUS)
Total	<b>430</b>	Stian Grimseth	1972	NOR	28-11-1999	Athens (GRE)

Note: RESULT IN *ITALICS* = Nordic Record Standard made from an originally 0.5 kg higher result.

## Junior Men's Nordic Weightlifting Record As per 31-12-2014

### 56 kg

Snatch	<b>95</b>	Mikko Kuusisto	1982	FIN	22-09-1999	Spala (POL)
Clean & Jerk	<b>120</b>	Mikko Kuusisto	1982	FIN	22-11-1999	Athens (GRE)
Total	<b>212</b>	Mikko Kuusisto	1982	FIN	22-09-1999	Spala (POL)

### 62 kg

Snatch	<b>113</b>	Toni Lintula	1989	FIN	17-03-2009	Rovaniemi (FIN)
Clean & Jerk	<b>136</b>	Toni Lintula	1989	FIN	14-03-2009	Tampere (FIN)
Total	<b>248</b>	Toni Lintula	1989	FIN	14-03-2009	Tampere (FIN)

### 69 kg

Snatch	<b>120</b>	Milko Tokola	1992	FIN	16-01-2010	Turku (FIN)
Clean & Jerk	<b>145</b>	Milko Tokola	1992	FIN	28-07-2009	Landskrona (SWE)
Total	<b>261</b>	Milko Tokola	1992	FIN	16-01-2010	Turku (FIN)

### 77 kg

Snatch	<b>150</b>	Ali Oksala	1980	FIN	29-10-2000	Tampere (FIN)
Clean & Jerk	<b>185</b>	Ali Oksala	1980	FIN	12-10-2000	Rijeka (CRO)
Total	<b>332</b>	Ali Oksala	1980	FIN	29-10-2000	Tampere (FIN)

### 85 kg

Snatch	<b>147</b>	Ali Oksala	1980	FIN	26-11-1999	Athens (GRE)
Clean & Jerk	<b>185</b>	Ali Oksala	1980	FIN	10-10-1999	Rovaniemi (FIN)
Total	<b>330</b>	Ali Oksala	1980	FIN	26-11-1999	Athens (GRE)

### 94 kg

Snatch	<b>162</b>	Benjamin Pirkkiö	1979	FIN	22-05-1998	Sofia (BUL)
Clean & Jerk	<b>200</b>	Benjamin Pirkkiö	1979	FIN	07-07-1999	Savannah (USA)
Total	<b>360</b>	Benjamin Pirkkiö	1979	FIN	07-07-1999	Savannah (USA)

### 105 kg

Snatch	<b>152</b>	Benjamin Pirkkiö	1979	FIN	10-10-1999	Rovaniemi (FIN)
Clean & Jerk	<b>192</b>	Mika Kuoksa	1979	FIN	28-11-1999	Athens (GRE)
Total	<b>342</b>	Benjamin Pirkkiö	1979	FIN	10-10-1999	Rovaniemi (FIN)

### +105 kg

Snatch	<b>163</b>	Vebjørn Varlid	1990	NOR	27-11-2010	Limassol (CYP)
Clean & Jerk	<b>191</b>	Vebjørn Varlid	1990	NOR	05-12-2009	Naustdal (NOR)
Total	<b>345</b>	Vebjørn Varlid	1990	NOR	20-06-2010	Sofia (BUL)

Note: RESULT IN *ITALICS* = Nordic Record Standard made from an originally 0.5 kg higher result.

## Youth Men's Nordic Weightlifting Record As per 31-12-2014

### 50 kg

Snatch	<b>71</b>	Omed Alam	1999	DEN	15.09.2012	Hillerød (DEN)
Clean & Jerk	<b>90</b>	Toni Lintula	1989	FIN	30.10.2004	Pori (FIN)
Total	<b>160</b>	Toni Lintula	1989	FIN	30.10.2004	Pori (FIN)

### 56 kg

Snatch	<b>95</b>	Mikko Kuusisto	1982	FIN	22.09.1999	Spala (POL)
Clean & Jerk	<b>120</b>	Mikko Kuusisto	1982	FIN	22.11.1999	Athens (GRE)
Total	<b>212</b>	Mikko Kuusisto	1982	FIN	22.09.1999	Spala (POL)

### 62 kg

Snatch	<b>104</b>	Milko Tokola	1992	FIN	26.01.2008	Rovaniemi (FIN)
Clean & Jerk	<b>123</b>	Milko Tokola	1992	FIN	26.01.2008	Rovaniemi (FIN)
Total	<b>227</b>	Milko Tokola	1992	FIN	26.01.2008	Rovaniemi (FIN)

### 69 kg

Snatch	<b>119</b>	Milko Tokola	1992	FIN	05.07.2009	Orivesi (FIN)
Clean & Jerk	<b>145</b>	Milko Tokola	1992	FIN	28.07.2009	Landskrona (SWE)
Total	<b>260</b>	Milko Tokola	1992	FIN	05.07.2009	Orivesi (FIN)

### 77 kg

Snatch	<b>120</b>	Milko Tokola	1992	FIN	26.12.2009	Kauhajoki (FIN)
Clean & Jerk	<b>150</b>	Daniel Skoglund	1991	SWE	08.11.2008	Sundsvall (SWE)
Total	<b>266</b>	Milko Tokola	1992	FIN	26.12.2009	Kauhajoki (FIN)

### 85 kg

Snatch	<b>125</b>	Jarleif Amdal	1988	NOR	10.12.2005	Frankfurt Oder (GER)
Clean & Jerk	<b>155</b>	Jarleif Amdal	1988	NOR	10.12.2005	Frankfurt Oder (GER)
Total	<b>280</b>	Jarleif Amdal	1988	NOR	10.12.2005	Frankfurt Oder (GER)

### 94 kg

Snatch	<b>126</b>	Øystein Robberstad	1990	NOR	29.12.2007	Gjøvik (NOR)
Clean & JERK	<b>156</b>	Sindre Rørstadbotnen	1992	NOR	04.12.2009	Naustdal (NOR)
Total	<b>281</b>	Øystein Robberstad	1990	NOR	29.12.2007	Gjøvik (NOR)

### +94 kg

Snatch	<b>145</b>	Veibjørn Varlid	1990	NOR	08.12.2007	Vigrestad (NOR)
Clean & Jerk	<b>170</b>	Veibjørn Varlid	1990	NOR	08.12.2007	Vigrestad (NOR)
Total	<b>315</b>	Veibjørn Varlid	1990	NOR	08.12.2007	Vigrestad (NOR)

Note: RESULT IN *ITALICS* = Nordic Record Standard made from an originally 0.5 kg higher result.

## Senior Women Nordic Weightlifting Record As per 31-12-2014

### 48 kg

Snatch	<b>65</b>	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
Clean & Jerk	<b>82</b>	Sini Kukkonen	1986	FIN	11-04-2015	Tbilisi (GEO)
Total	<b>145</b>	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)

### 53 kg

Snatch	<b>82</b>	Heidi Kanervisto	1981	FIN	20-03-2004	Oulu (FIN)
Clean & Jerk	<b>95</b>	Heidi Kanervisto	1981	FIN	20-03-2004	Oulu (FIN)
Total	<b>177</b>	Heidi Kanervisto	1981	FIN	20-03-2004	Oulu (FIN)

### 58 kg

Snatch	<b>94</b>	Ruth Kasirye	1982	NOR	22-09-2007	Chiang Mai (THA)
Clean & Jerk	<b>117</b>	Ruth Kasirye	1982	NOR	18-04-2007	Strasbourg (FRA)
Total	<b>210</b>	Ruth Kasirye	1982	NOR	18-04-2007	Strasbourg (FRA)

### 63 kg

Snatch	<b>107</b>	Ruth Kasirye	1982	NOR	08-04-2009	Bucharest (ROU)
Clean & Jerk	<b>130</b>	Ruth Kasirye	1982	NOR	07-03-2009	Spydeberg (NOR)
Total	<b>236</b>	Ruth Kasirye	1982	NOR	07-03-2009	Spydeberg (NOR)

### 69 kg

Snatch	<b>106</b>	Ruth Kasirye	1982	NOR	27-06-2009	Pori (FIN)
Clean & Jerk	<b>130</b>	Ruth Kasirye	1982	NOR	23-05-2009	Lochen (AUT)
Total	<b>236</b>	Ruth Kasirye	1982	NOR	27-06-2009	Pori (FIN)

### 75 kg

Snatch	<b>105</b>	Karoliina Lundahl	1968	FIN	13-11-1998	Lahti (FIN)
Clean & Jerk	<b>129</b>	Ruth Kasirye	1982	NOR	04-10-2014	Aalborg (DEN)
Total	<b>231</b>	Ruth Kasirye	1982	NOR	04-10-2014	Aalborg (DEN)

### +75 kg

Snatch	<b>107</b>	Karoliina Lundahl	1968	FIN	23-10-1999	St. Joseph (USA)
Clean & Jerk	<b>127</b>	Katarina Sederholm	1968	NOR	02-10-1998	Ålborg (DEN)
Total	<b>232</b>	Katarina Sederholm	1968	NOR	18-04-1999	La Coruna (ESP)

Note: RESULT IN ITALICS = Nordic Record Standard made from an originally 0.5 kg higher result.

## Junior Women Nordic Weightlifting Record As per 31-12-2014

### 48 kg

Snatch	<b>65</b>	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
Clean & Jerk	<b>80</b>	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
Total	<b>145</b>	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)

### 53 kg

Snatch	<b>70</b>	Sarah Hovden Övsthus	1994	NOR	23-11-2014	Limassol (CYP)
Clean & Jerk	<b>88</b>	Sini Kukkonen	1986	FIN	04-10-2005	Trencin (SVK)
Total	<b>157</b>	Sini Kukkonen	1986	FIN	29-04-2006	Wladyslawowo (POL)

### 58 kg

Snatch	<b>78</b>	Heidi Kanervisto	1981	FIN	15-12-2001	Lempäälä (FIN)
Clean & Jerk	<b>96</b>	Anna Everi	1987	FIN	27-12-2007	Pori (FIN)
Total	<b>171</b>	Anna Everi	1987	FIN	27-12-2007	Pori (FIN)

### 63 kg

Snatch	<b>81</b>	Carita Hansson	1991	SWE	29-10-2011	Stavanger (NOR)
Clean & Jerk	<b>101</b>	Carita Hansson	1991	SWE	29-10-2011	Stavanger (NOR)
Total	<b>182</b>	Carita Hansson	1991	SWE	29-10-2011	Stavanger (NOR)

### 69 kg

Snatch	<b>85</b>	Heidi Kanervisto	1981	FIN	26-12-2000	Helsinki (FIN)
Clean & Jerk	<b>106</b>	Anja Evelin Jordalen	1987	NOR	07-07-2007	Gdynia (POL)
Total	<b>189</b>	Anja-Evelin Jordalen	1987	NOR	07-07-2007	Gdynia (POL)

### 75 kg

Snatch	<b>81</b>	Meri Ilmarinen	1991	FIN	03-07-2011	Rönni (FIN)
Clean & Jerk	<b>101</b>	Meri Ilmarinen	1991	FIN	03-07-2011	Rönni (FIN)
Total	<b>182</b>	Meri Ilmarinen	1991	FIN	03-07-2011	Rönni (FIN)

### +75 kg

Snatch	<b>84</b>	Meri Ilmarinen	1991	FIN	11-12-2011	London (GBR)
Clean & Jerk	<b>103</b>	Lilja Lind Helgadottir	1996	ISL	25-10-2014	Landskrona (SWE)
Total	<b>186</b>	Meri Ilmarinen	1991	FIN	11-12-2011	London (GBR)

## Youth Women Nordic Weightlifting Record As per 31-12-2014

### 44 kg

Snatch	<b>48</b>	Kirsi-Marja Mukkala	1999	FIN	20-09-2014	Rovaniemi (FIN)
Clean & Jerk	<b>58</b>	Helene Skuggedal	1998	NOR	18-07-2015	Stavern (NOR)
Totalt	<b>102</b>	Salma Zakole	1986	FIN	09-10-2002	Oulu (FIN)

### 48 kg

Snatch	<b>65</b>	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
Clean & Jerk	<b>80</b>	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
Total	<b>145</b>	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)

### 53 kg

Snatch	<b>68</b>	Sini Kukkonen	1986	FIN	15-12-2002	Kerava (FIN)
Clean & Jerk	<b>85</b>	Sini Kukkonen	1986	FIN	06-07-2003	Eräjärvi (FIN)
Total	<b>152</b>	Sini Kukkonen	1986	FIN	13-12-2003	Rovaniemi (FIN)

### 58 kg

Snatch	<b>72</b>	Heidi Kanervisto	1981	FIN	11-11-1998	Lahti (FIN)
Clean & Jerk	<b>85</b>	Heidi Kanervisto	1981	FIN	11-11-1998	Lahti (FIN)
Total	<b>157</b>	Heidi Kanervisto	1981	FIN	11-11-1998	Lahti (FIN)

### 63 kg

Snatch	<b>74</b>	Katariina Vestman	1988	FIN	04-10-2005	Trencin (SVK)
Clean & Jerk	<b>95</b>	Katariina Vestman	1988	FIN	04-10-2005	Trencin (SVK)
Total	<b>169</b>	Katariina Vestman	1988	FIN	04-10-2005	Trencin (SVK)

### 69 kg

Snatch	<b>79</b>	Katariina Vestman	1988	FIN	22-08-2005	Sofia (BUL)
Clean & Jerk	<b>101</b>	Katariina Vestman	1988	FIN	22-08-2005	Sofia (BUL)
Total	<b>180</b>	Katariina Vestman	1988	FIN	22-08-2005	Sofia (BUL)

### +69 kg

Snatch	<b>75</b>	Elisa Kallunki	1994	FIN	19-09-2010	Rovaniemi (FIN)
Clean & Jerk	<b>93</b>	Elisa Kallunki	1994	FIN	21-05-2011	Pori (FIN)
Total	<b>166</b>	Elisa Kallunki	1994	FIN	19-09-2010	Rovaniemi (FIN)

Note: RESULT IN *ITALICS* = Nordic Record Standard made from an originally 0.5 kg higher result.