



Nordiska
Tyngdlyftningsförbundet

Activity Report
2011

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Executive Board

Nordiska Tyngdlyftningsförbundet hereby presents the activity report for the period January 1st - December 31st 2011.

The Executive Board of the NTF consisted of:

President	Benny Johansson, SWE
Vice President	Taisto Kuoppola, FIN
General Secretary	Håkan Johanson, SWE
Members	The current presidents of the national Nordic weightlifting federations.

By 7th of October:

Denmark	Erling Johansen
Finland	Ylermi Luttinen
Island	Larus Pall Palsson
Norway	Per Mattingsdal
Sweden	Jonny Kärkkäinen

Meeting with IWF President

IWF assembled the presidents of the Nordic Federations in Mars 2012 in Budapest to discuss the situation of Nordic Weightlifting and how to develop it. NTF President Benny Johansson was appointed to coordinate the meeting together with IWF.

The EWF Election Congress 2012

The result from the EWF Election Congress Antalya 2012 was quite a success for the Nordic Federations. The following delegates were elected:

Benny Johansson, SWE	Vice president and Chairman of the Technical & Scientific Committee
Tryggve Duun, NOR	Executive Board Member
Per Mattingsdal, NOR	Technical & Scientific Committee
Thomas Norlander, SWE	Technical & Scientific Committee
Taisto Kuoppala, FIN	Technical & Scientific Committee

NTF Congress, Landskrona, September 28th 2012

The Congress takes place at Hotel Öresund at 2012, Friday 28th.

1. Opening of the Congress

Election of secretary for the Congress

2. Approval of the Agenda

3. Adjustment of the protocol (minutes) from Stavanger (Oct 2011)

4. Confirmation of the NTF Activity Report 2010-2011, including financial report and auditor's report

5. Proposals to the Congress

6. Confirmation of the Nordic Records

9. Honorary Medals

10. Nordic Championships 2013

11. Nordic Championships 2012 (Landskrona, Sweden)

- Statement of the Organizing Committee
- Confirmation of the Starting list
- Ev examination of referees
- Appoinment of jury members, referees and technical controllers

12. Any other business

12. The President is closing the Congress

Minute of the NTF Congress, Pori, October 7th 2011

Congress delegats

Denmark	Erling Johansen, Frank Petersen
Finland	Ylermi Luttinen, Esa Lomma, Matti Everi, Taisto Kuoppola, Harri Norberg, Karoliina Lundahl, Juha Juhola
Iceland	Larus Pall Palsson
Norway	Per Mattingsdal, vice President NTF, Arne Grostad, Per Marstad, Richard Markeng, Gunnar Reiakvam, Sindre Madsgaard
Sweden	Benny Johansson, President NTF, Håkan Johanson, General Secretary NTF, Thony Ragnarsson, Kjell-Åke Johansson.

1 Opening of the congress, election of secretary for this congress

The congress delegates were welcomed by the NTF President, Benny Johansson, who declared the congress for opened.

Håkan Johanson was elected as secretary.

Entitled to vote:

Erling Johansen, DEN

Ylermi Luttinen, FIN

Larus Pall Palsson, ISL

Per Mattingsdal, NOR

Thony Ragnarsson, SWE

2 Approval of the agenda

The agenda was approved .

3 Adjustment of protocol (minutes) from Spydeberg (November 2010)

The minute from Spydeberg was approved.

4 Confirmation of the NTF Activity Report 2010, including financial report and auditor's report

The *Financial Report* shall be completed with information of currency (SEK).

The records of *Honorary Medals Degree 1* shall be completed by number 10, Esa FIN 2010.10.08.

Benny Johansson went through the Financial Report. The jubilee medals are now paid, explaining the low solvency.

The Financial Report was approved.

The Auditors Report was approved.

The Activity Report was approved.

5 Proposals to the Congress

1. Proposal from Denmark: **The Nordic Masters Championships shall be terminated.**
The proposal was approved.

2. Proposal from Norway 1: **The Nordic U23 Championships shall be terminated.**

The proposal was approved.

3. Proposal from Norway 2: **The Nordic Elite Pin shall not be awarded to lifters who have received doping convictions.**

The results of the voting was equal, 2 - 2. The NTF President, Benny Johansson, voted for the proposal. The proposal was approved.

4. Proposal from Sweden: **Increase the number of age categories so it complies with that of IWF Rules.**

Because of the result of the proposal from Denmark, the proposal from Sweden was not considered.

5. Proposal from Finland: **Senior Nordic Weightlifting Championships should be organized every other year (odd year).**

The meeting decided that the proposal from Finland shall be treated at the congress in Stavanger.

6 Confirmation of the Nordic Records

The Nordic Record list was approve.

7 Elections

NTF President:	Benny Johansson, Sweden
NTF vice President:	Taisto Kuoppola, Finland
NTF General Secretary:	Håkan Johanson, Sweden
NTF Executive Board:	Erling Johansen, Denmark Ylermi Luttinen, Finland Larus Pall Palsson, Iceland Per Matningsdal, Norway Jonny Kärkkäinen, Sweden

Håkan Johanson (550215-6697) sign for the firm Nordic Weightlifting Federation.

8 Honorary medals

No proposals was put forward.

9 Nordic Championships 2012

- Senior and Club Team Championships will be organized by Sweden 2012 or 2013 (decision at next congress, Stavanger).
- Youth, Junior Championships will be organized by Finland.

10 Nordic Championships 2011 (Pori, Finland)

A statement was made by Juha Juhola, meet director of the Nordic Championships.

The NTF President, Benny Johansson, went through the starting list. He also went through the ceremonies of the competition, opening ceremony, presentation and price ceremonies.

It was decided that the competition shall start one hour earlier at Sunday.

No proposal for examination of referees.

It was decided that Benny Johansson and Per Mattingsdal put together a referee schedule.

11 Any other business

Håkan Johanson gave a report on the work on NTF historic. Almost all documentations is kept in an archives together with the documents of Swedish WF in Örebro.

Further materials can be sent to Håkan Johanson at latest December the 1st.

Larus Pall Palsson invited the Nordic federations to take part in a competition at Iceland January 12, 2012. Benny Johansson urged the federations to participate.

12 Closing the technical meeting

The NTF President thanked the delegates for a smooth running congress and closed it.

Benny Johansson
President Nordic WF

Håkan Johanson
General Secretary Nordic WF

Minute of the NTF Congress, Stavanger, October 28th 2011

The congress takes place at Stavanger Idrettshall, starting 20.00 pm.

1 Opening of the congress, election of secretary for this congress

The congress delegates were welcomed by the NTF President, Benny Johansson, who declared the congress for opened.

Håkan Johanson was elected as secretary.

Entitled to vote:

Anders B Nielsen, DEN Per Mattingsdal, NOR Harri Norberg, FIN
Sigurdsson, ISL Thomas Norlander, SWE

2 Approval of the agenda

The agenda was approved .

3 Adjustment of protocol (minutes) from Pori (October 2011)

The minute from Pori was approved.

4 Confirmation of the Nordic records

The Nordic Record list was approve.

5 Proposals from the Congress in Pori

Proposal from Finland:

Senior Nordic Weightlifting Championships should be organized every other year (odd year).

The reason for the proposal was given by Harri Norberg and he moved that the proposal be agreed.

Benny Johansson compared World Championships with Nordic Championships.
Tomas Norlander and Arne Grostad (NOR) move the rejection of the proposal.
Anders B Nielsen moved that the proposal be agreed.

Decision: The proposal was turned down by the numbers 3 to 2. In the future the Nordic Championships will be organized every year.

Harri Norberg told the meeting that Finland accept the decision

6 NTF Honorary Medals: proposals

No proposals was put forward.

7 Nordic Championships 2012

Nordic Championships senior, Sweden, in the end of September.

Nordic Championships youth and junior, Parkano, Finland, in the end of October.

8 Nordic Weightlifting Federation Rules: adjustment

A) Benny Johansson and Håkan Johanson was instructed to submit a proposal to the Nordic Federations

B) The proposal should be put forward to the Federations at latest 1st of March 2012.

9 Practical support to Iceland

Referee clinic: Per Mattingsdal will be the lecturer. NTF pay the expenses for Per Mattingsdal.

Icelandic competition: It is desired that the Nordic Federations take part at the competition with at least a couple of athletes.

10 The NTF Anniversary Book

Håkan Johanson gave a report on the work of NTF Anniversary Book. He urged the federations to deliver some missing texts as soon as possible.

According to decision taken at former congress, the NTF will send invoice at 1 000 euro to the respectively federations.

11 Nordic Youth- and Junior Championships 2011 (Stavanger)

A) A statement was made by Rune Rasmussen, meet director of the Nordic Championships. He gave information competition schedule, opening ceremonies, presentations and the banquet.

D) Appointment of technical officials. Nine referees in respectively referee group, four jury members.

12 Any other business

Finland told that Jari Hirvonen has qualified for the Elite pin. Håkan Johanson told that Ragnar Öhman, Sweden also has qualified for the Elite pin. For the moment NTF are running out for Elit pins and new Elite pins will be ordered in spring 2012.

13 Closing the Congress

The NTF President thanked the delegates for a smooth running congress and closed it.

Benny Johansson
President Nordiska TF

Håkan Johanson
General Secretary Nordiska TF

NTF:s 1st Degree Honorary Medal

1	17.04.1965	Bruno Nyberg, FIN
2		Holger Winqvist, SWE
3	19.04.1985	Jørgen Moritzen, DEN
4	19.04.1985	Curt-Eric Hermansson, SWE
5	15.10.1988	Yngve Frölander, SWE
6	19.09.1997	Per Marstad, NOR
7	23.04.2000	Inge Johansson, SWE
8	29.10.2004	Tryggve Duun, NOR
9	07.11.2009	Benny Johansson, SWE
10	09.10.2010	Esa Lomma, FIN

NTF:s 2nd Degree Honorary Medal

1	14.02.1947	Oscar Björklund, SWE	49A	02.11.1968	Ingvar Jonasson, SWE
2	14.02.1947	Holger Winqvist, SWE	49B	02.11.1968	Erik Hansen, DEN
3	14.02.1947	Bruno Nyberg, FIN	50	02.11.1968	Folke Garbom, SWE
4	19.03.1947	Herbert Sander, DEN	51	07.11.1970	Valther Johansen, DEN
5	01.03.1950	Knud Jensen, DEN	52	07.11.1970	Carl Brolös, DEN
6	12.05.1950	Jules Rosset, FRA	53	07.11.1970	Ernst Brolös, DEN
7	12.05.1950	Eugéne Gouleau, FRA	54	07.11.1970	Roy Kerol, DEN
8	02.07.1951	Einar Råberg, SWE	55	07.11.1970	Knud Petterssen, DEN
9	08.05.1951	Urho Kekkonen, FIN	56	06.11.1971	Pekka Kare, FIN
10	03.11.1955	Viggo Vogt, DEN	57	06.11.1971	Yngve Frölander, SWE
11	27.04.1957	Juhani Vellamo, FIN	58	09.04.1973	Poul Michelsen, DEN
12	27.04.1957	Nils Ekborg, SWE	59	09.04.1973	Palmer Stangeland, NOR
13	19.09.1957	Åke Lundberg, SWE	60	09.04.1973	Oscar Jacobsen, NOR
14	19.09.1957	Arne Fagerberg, SWE	61	03.11.1973	Bengt Cannerström, SWE
15	31.10.1957		62	03.11.1973	Ragnar Bergström, SWE
16	15.11.1957		63	27.04.1974	Curt-Eric Hermansson, SWE
17	24.02.1959	Arvid Andersson, SWE	64	23.04.1977	Karl Sletsjøe, NOR
18	24.02.1959	Reinhold Petersson, SWE	65	15.04.1978	Kjell W.Moberg, NOR
19	24.02.1959	Stefan Lindeberg, SWE	66	06.11.1979	Hallvard Schjetne, NOR
20	24.02.1959	Erik Johansson, SWE	67	31.10.1980	Guðmundur Þórarinnsson, ISL
21	02.04.1959	Veikko Kinha, FIN	68	31.10.1980	Georg Skovby, DEN
22	02.04.1959	Sulo Pietilä, FIN	69	31.10.1980	Benny Johansson, SWE
23	02.04.1959	Jouko Tutunen, FIN	70	25.04.1981	Terje Ree, NOR
24	02.04.1959	Eero Vuorensola, FIN	71	31.10.1981	Vagn Hvolbæk, DEN
25	29.06.1961	Einar Gunnarsson, SWE	72	31.10.1981	Preben Jacobsen, DEN
26	29.06.1961	Karl-Erik Dahlqvist, SWE	73	31.10.1981	Sivo Johansson, SWE
27	29.06.1961	Åke Skoglund, SWE	74	31.10.1981	Willy Candemyr, SWE
28	29.06.1961	Lennart Landell, SWE	75	25.11.1984	Mauri Ravanto, FIN
29	29.06.1961	Jørgen Moritzen, DEN	76	25.11.1984	Aulis Pilonen, FIN
30	29.06.1961	Willy Petersen, DEN	77	25.11.1984	Bengt Salenius, FIN
31	29.06.1961	Alfred Persson, DEN	78	25.11.1984	Christian Cesch, FIN
32	29.06.1961	Lars Luther, DEN	79	19.04.1985	Jens Elers, DEN
33	29.06.1961	Johan Fr. Kielland, NOR	80	19.04.1985	Kaj Lögager, DEN
34	29.06.1961	Karl Sletsjøe, NOR	81	19.04.1985	Werner Lund, DEN
35	13.09.1961	Harry Söderström, SWE	82	02.11.1985	Per Marstad, NOR
36	13.09.1961	Pentti Väänänen, FIN	83	02.11.1985	Aage Mölstad, NOR
37	13.09.1961	Keijo Ilander, FIN	84	01.11.1986	Kaj Snerling, DEN
38	13.09.1961	Yatu Lund, FIN	85	11.04.1987	Urho Laihanen, FIN
39	13.09.1961	Rafael Törrönen, FIN	86	30.10.1987	Kalevi Vänska, FIN
40	19.04.1963	Kaj Larsen, DEN	87	10.12.1989	Taisto Kuivanen, FIN
41	24.04.1964	Jens Jensen, DEN	88	06.04.1990	Jaakko Kailajärvi, FIN
42	10.05.1964	Kalervo Lipponen, FIN, post mortem	89	20.04.1991	Per Mattingsdal, NOR
43	10.05.1964	Mogens Christensen, DEN	90	20.04.1991	Nils Berglund, NOR
44	01.05.1967	Gunnar Hoff-Leirvik, NOR	91	24.10.1992	Reijo Vainio, FIN
45	01.05.1967	Lennart Carlsson, SWE	92	14.10.1995	Bent Viholt, DEN
46	05.11.1967	Eino Mäkinen, FIN	93	14.10.1995	Ole Ørtoft, DEN
47	05.11.1967	Väinö Kaipainen, FIN	94	01.12.1995	Guðmundur Sigurðsson, ISL
48	05.11.1967	Aksel Haugseth, NOR	95	01.12.1995	Georg Boström, SWE
			96	01.12.1995	Björn Liwendahl, SWE

97	01.12.1995	Inge Johansson, SWE	104	03.10.2003	Matti Kiilunen, FIN
98	26.01.2000	John Mørch, DEN	105	03.10.2003	Taisto Kuoppola, FIN
99	03.03.2001	Sigurbjörn de Lange, NOR	106	28.06.2009	Matti Everi, FIN
100	03.10.2001	Esa Lomma, FIN	107	28.06.2009	Ylermo Luttinen, FIN
101	03.10.2001	Tryggve Duun, NOR	108	07.11.2009	Magnus Kjellgren, SWE
102	28.10.2002	Jan Nilsson, SWE	109	07.11.2009	Kjell-Åke Johansson, SWE
103	03.10.2001	Valbjørn Jønsson, ISL	110	07.11.2009	Håkan Johanson, SWE

NTF:s Elit Pin

1		Leif Jensen, NOR	61	1982	Ylermi Luttinen, FIN
2		Eivind Rekustad, NOR	62	1983	Jarmo Nieminen, FIN
3		Tore Bjørnsen, NOR	63	1983	Tom Söderholm, SWE
4		Ari Kurko, FIN	64	1983	Lars-Erik Källström, SWE
5		Arvo Ala-Pöntiö, FIN	65	1983	Jari Hirvonen, FIN
6		Paavo Aho, FIN	66	1984	Henri Høeg, DEN
7		Reijo Hokkanen, FIN	67	1984	Arto Salmi, FIN
8		Kaarlo Kangasniemi, FIN	68	1984	Keijo Tahvanainen, FIN
9		Johani Avellan, FIN	69	1985	Rickard Nilsson, SWE
10		Jouni Kailajärvi, FIN	70	1985	Tuomo Kellokoski, SWE
11		Jakko Kailajärvi, FIN	71	1985	John Christensen, SWE
12		Aimo Nieminen, FIN	72	1985	Mats Lindqvist, SWE
13		Hannu Saarelainen, FIN	73	1986	Jaarli Pirkkiö, FIN
14		Kauko Kangasniemi, FIN	74	1988	Reijo Kiskilä, FIN
15		Taito Haara, FIN	75	1988	Tommi Rinne, FIN
16		Kalevi Lahdenranta, FIN	76	1989	Petri Kilponen, FIN
17		Jouko Leppä, FIN	77	1989	Anders Lindsjö, SWE
18		Bo Giliusson, SWE	78	1990	Sauli Nurmi, FIN
19		Arne Norrback, SWE	79	1990	Arto Savonen, FIN
20		Juhani Mursu, SWE	80	1991	Henrik Andersen, DEN
21		Hans Bettembourg, SWE	81	1991-1993	Janne Kanerva, FIN
22		Bo Johansson, SWE	82		<i>not presented</i>
23		Ove Johansson, SWE	83	1993-1995	Haraldur Ólafsson, ISL
24	1974	Varny Bærentsen, DEN	84	1993-1995	Jarkko Welling, FIN
25	1974	Enno Mägi, SWE	85	1993-1995	Jyrkki Welling, FIN
26	1974	Kenneth Eklöv, SWE	86	1993-1995	Stian Grimseth, NOR
27	1974	Nils-Erik Sollevi, SWE	87	1993-1995	Kari Kinnunen, FIN
28	1974	Jan-Olov Nolsjö, SWE	88	1993-1995	Pasi Hirttiö, FIN
29	1974	Erling Johansen, DEN	89	1995	Bijan Rezaei, SWE
30	1976	Gustaf Agnarsson, ISL	90	1995	Anders Bergström, SWE
31	1976	Guðmundur Sigurðsson, ISL	91	1995	Björn Aldenhov, SWE
32	1976	Uolevi Kahelin, FIN	92	1995	Tomas Östlund, SWE
33	1976	Juhani Salakka, FIN	93	1995	Per Söderlind, SWE
34	1976	Tapio Kinnunen, FIN	94		Jan Norrmén, SWE
35	1976	Sakari, Seppänen, FIN	95		FIN
36	1976	Viktor Sirkkiä, FIN	96		FIN
37	1976	Rolf Larsen, NOR	97		FIN
38	1976	Roland Svensson, SWE	98		FIN
39	1976	Ingvar Asp, SWE	99		FIN
40	1976	Stefan Jakobsson, SWE	100		FIN
41	1976	Lennart Dahlgren, SWE	101		Katarina Sederholm, NOR
42	1976	Leif Nilsson, SWE	102		Petri Kantola, FIN
43	1977	Benny Rahmqvist, SWE	103		Mika Liukkonen, FIN
44	1977	Pekka Niemi, FIN	104		Markku Martinsson, FIN
45	1978	Kalevi Höök, FIN	105		Mika Vihelä, FIN
46	1978	Jari Nieminen, FIN	106		Markku Nykänen, FIN
47	1979	Victor Solstrand, NOR	107		Mika Reijonen, FIN
48	1979	Arvo Ojalehto, FIN	108		Benjamin Pirkkiö, FIN
49	1979	Gunnar Østby, NOR	109		Ali Oksala, FIN
50	1979	Stefan Jonsson, SWE	110		Perti Hynni, FIN
51	1979	Staffan Bergqvist, SWE	111		Toni Puurunen, FIN
52	1979	Bertil Sollevi, SWE	112		Karoliina Lundahl, FIN
53	1979	Mikael Persson, SWE	113		<i>not presented</i>
54	1980	Johnny Helsing, SWE	114		Armenak Takmazjan, DEN
55	1980	Perti Torikka, SWE	115		Miikka Huhtala, FIN
56	1980	Reijo Toivainen, SWE	116		Heidi Kanervisto, FIN
57	1980	Gunnar Martinsson, SWE	117		Hanna Keränen, FIN
58	1980	Jouni Grönman, FIN	118	2005	Jim Gyllenhammar, SWE
59	1981	Hans Larsson, SWE	119	2005	Lars Andersson, SWE
60	1982	Øysten Holt, NOR	120	2009	Ruth Kasirye, NOR

Result Nordic Championships Senior Men 2011

49 09.10.2011

PORI

Category	Name	Nat	BW	Snatch	C&J	Total
62 kg	1 Torvi, Sami	FIN	61,69	95	115	210
	2 Lähdekorpi, Arto	FIN	61,64	92	105	197
77 kg	1 Tokola, Milko	FIN	76,51	135	160	295
	2 Kuusisto, Mikko	FIN	73,52	122	155	277
	3 Kvame, Steinar	NOR	77,00	116	135	251
85 kg	1 Hartikainen, Iiro	FIN	84,65	136	164	300
	2 Grostad, Håvard	NOR	84,61	130	157	287
	3 Johansson, Jere	FIN	84,23	122	152	274
	4 Apneseth, Yngve	NOR	80,28	120	145	265
	0 Rothwall, Martin	SWE	84,78	115	0	0
	0 Flitner, Allan	DEN	80,46	95	0	0
94 kg	1 Antti-Roiko, Miika	FIN	93,94	144	172	316
	2 Amdal, Jarleif	NOR	92,18	135	170	305
	3 Rørstadbotnen, Sindre	NOR	93,74	120	156	276
105 kg	1 Tollefsen, Kim Eirik	NOR	102,15	143	172	315
	2 Kristjansson, Gisli	ISL	104,79	150	165	315
	3 Robberstad, Øystein	NOR	102,12	140	160	300
	4 Hovlid, Viktor	SWE	104,37	125	161	286
+105 kg	1 Gyllenhammar, Jim	SWE	125,08	170	210	380
	2 Roininen, Teemu	FIN	127,26	144	185	329

Team Classification

1 Finland	87 points
2 Norway	67
3 Sweden	12
4 Iceland	10

Result Nordic Championships Senior Women 2011

10		08.10.2011		PORI				
Category		Name	Nat	BW	Snatch	C&J	Total	Sinclair
48-58 kg	1	Roos, Angelica	SWE	57,54	70	92	162	214,08
	2	Ejstrup, Christina Trier	DEN	51,31	65	83	148	213,57
	3	Kukkonen, Sini	FIN	55,48	69	85	154	209,01
	4	Berntsson, Lena	SWE	55,40	70	83	153	207,88
	5	Aho, Päivi	FIN	56,92	68	84	152	202,44
63-69 kg	1	Kasirye, Ruth	NOR	65,05	101	127	228	277,89
	2	Everi, Anna	FIN	59,33	84	106	190	245,74
	3	Puputti, Jenni	FIN	61,60	76	94	170	214,41
	4	Ahlner, Madeleine	SWE	67,97	80	97	177	210,29
	5	Lindström, Elin	SWE	62,29	73	87	160	200,35
75-+75 kg	1	Berntsson, Annika	SWE	73,10	84	103	187	213,78
	2	Vestman, Katariina	FIN	69,02	79	102	181	213,21
	3	Ilmarinen, Meri	FIN	72,63	78	90	168	192,68
	4	Elomaa, Tiina	FIN	69,13	58	70	128	150,65
Team Classification								
	1	Finland		1428	Sinclair points			
	2	Sweden		1046				
	3	Norway		278				
	4	Denmark		214				

Result Nordic Championships U23 Men 2011

3		08.10.2011		PORI			
Category		Name	Nat	BW	Snatch	C&J	Total
62 kg	1	Mukkala, Matias	FIN	60,46	91	107	198
69 kg	1	Kaikkonen, Henri	FIN	68,50	104	135	239
	2	Koponen, Aatu	FIN	68,05	98	125	223
77 kg	1	Tokola, Miika	FIN	75,75	98	122	220
	2	Suckow Breum, Kris	DEN	69,82	90	115	205
85 kg	1	Hanssen, Alexander	NOR	82,65	117	148	265
	CC	Levomäki, Ville	PuKa	84,49	110	140	250
	CC	Kaikkonen, Joonatan	PaPu	79,65	90	116	206
94 kg	1	Pirkiö, Robert	FIN	85,37	120	142	262
	CC	Makinia, Maciej	AK	92,74	152	170	322

	CC	Grönman, Toni	PuKa	89,09	120	140	260
105 kg	1	Iisakkila, Ville	FIN	99,92	120	155	275
	2	Vesterinen, Juho	FIN	102,02	115	150	265
	CC	Hietanen, Otto	PuKa	103,41	116	156	272
	CC	Harrivaara, Juha	PuKa	102,67	110	145	255
+105 kg	1	Møller, Paw	DEN	120,79	126	161	287
	2	Rintala, Janne	FIN	105,19	113	140	253

Team Classification

1	Finland	90 points
2	Denmark	22
3	Norway	12

CC = Club Competition

Result Nordic Championships U23 Women 2011

3	08.10.2011	PORI						
Category	Name	Nat	BW	Snatch	C&J	Total	Sinclair	
48-58 kg	1	Fridström, Linn	SWE	52,53	56	66	122	172,73
	2	Peltola, Iida	FIN	48,00	45	57	102	155,78
	3	Utoslahti, Pauliina	FIN	56,67	50	65	115	153,65
	4	Suoraniemi, Pirita	FIN	53,29	43	53	96	134,38
63-69 kg	1	Hammelstrup, Laura	DEN	62,14	74	93	167	209,44
	2	Nauha, Minna	FIN	62,55	67	80	147	183,58
	3	Hammelstrup, Sarah	DEN	62,74	67	77	144	179,49
	4	Årdalsbakke, Marit	NOR	62,26	55	74	129	161,58
	5	Bruland, Sunniva	NOR	60,55	48	61	109	139,05
	6	Ronkainen, Tiia	FIN	67,55	50	30	80	95,38
75-+75 kg	1	Hytönen, Eveliina	FIN	81,80	60	76	136	147,90
	2	Møller, Maja	DEN	73,89	50	60	110	125,09
	CC	Salmi, Mirva	LoLif	84,97	53	63	116	124,37

Team Classification

1	Finland	871 Sinclair points
2	Denmark	514
3	Norway	301
4	Sweden	173

CC = Club Competition

Nordic Club Team Championships

Women	1	Mossebergs Atletklubb, Sweden	428 Sinclair points
	2	Tampereen Pyrintö, Finland	417
	3	AK Atlas, Denmark	389
	4	Lohja Lifting, Finland	317
	5	Tambarskjelvar IL, Norway	301
	6	Ounasvaaran Atleetti Klubi, Finland	229

Men	1	Rovaniemen Reipas, Finland	967 Sinclair points
	2	Parkanon Puntti, Finland	962
	3	Tambarskjelvar IL, Norway	954
	4	Tampereen Pyrintö, Finland	934
	5	Puntti-Karhut, Finland	900
	6	AK Atlas, Denmark	641

Result Nordic Championships Youth Boys 2011

22		29.10.2011		STAVANGER			
Category		Name	Nat	BW	Snatch	C&J	Total
50 kg	1	Kristensen, Daniel	DEN	48,05	61	72	133
62 kg	1	Stillman, Oskar	SWE	60,35	82	102	184
69 kg	1	Suckow-Breum, Kris	DEN	68,75	94	119	213
	2	Øverås, Jantsen	NOR	63,20	96	116	212
	3	Berglund, Eddie	SWE	63,10	90	110	200
	4	Walaker, Even H	NOR	68,15	84	108	192
77 kg	1	Liwendahl, Rasmus	SWE	76,20	93	122	215
	2	Kallioniemi, Iikka	FIN	75,55	100	114	214
	3	Biske, Adam	SWE	76,30	88	122	210
	4	Pedersen, Dennis	DEN	75,80	85	116	201
	5	Andersen, Daniel	DEN	75,55	85	110	195
	6	Hilmarrsson, Guðmundur H	ISL	75,20	80	101	181
	7	Murberg, Johan Fredrik	NOR	69,50	81	98	179
85 kg	1	Annuzzi, Pietro	DEN	78,10	115	145	260
	2	Dyberg, Andreas	SWE	82,80	107	133	240
	3	Gjørringbø, Tore	NOR	82,75	97	125	222
94 kg	1	Heikkinen, Jani	FIN	90,50	114	140	254
	2	Pirkkiö, Rikhard	FIN	85,10	104	120	224
	3	Idsal, Sander G	NOR	90,45	90	110	200

Team Classification

1	Sweden	52 points
2	Denmark	51
3	Norway	41
4	Finland	32

Result Nordic Championships Youth Girls 2011

14	29.10.2011	STAVANGER					
Category	Name	Nat	BW	Snatch	C&J	Total	Sinclair
58-63 kg	1 Sandgren, Stina-Maria	SWE	62,45	57	72	129	161,27
	2 Suoraniemi, Pirita	FIN	53,85	46	59	105	145,78
69-+69 kg	1 Dagsland, Linn Therese	NOR	67,15	58	72	130	155,52
	2 Ronkainen, Tiia	FIN	68,00	55	66	121	143,72

Team Classification

1	Sweden	303 Sinclair points
2	Finland	290
3	Norway	156

Result Nordic Championships Junior Men 2011

53	30.10.2011	STAVANGER					
Category	Name	Nat	BW	Snatch	C&J	Total	
56 kg	1 Eide, Thomas	NOR	53,80	77	96	173	
	2 Al-Husseini, Bilal	SWE	53,50	77	86	163	
62 kg	1 Mukkala, Matias	FIN	60,65	90	110	200	
69 kg	1 Kaikkonen, Henri	FIN	68,60	103	125	228	
	2 Koponen, Aatu	FIN	68,40	100	123	223	
	3 Ulvan, Kristian	NOR	69,00	94	118	212	
	4 Hilmersson, Anton	SWE	67,30	90	110	200	
77 kg	1 Tokola, Milko	FIN	76,70	130	160	290	
	2 Held, Mads	DEN	76,50	112	137	249	
	3 Eloranta, Klaus	FIN	73,65	103	123	226	
85 kg	1 Darville, Simon	DEN	84,60	119	144	263	
	2 Pirkkiö, Robert	FIN	84,70	122	141	263	
	3 Petersen, Steffan	DEN	80,20	108	130	238	

94 kg	1	Svensson, Emil	SWE	92,50	125	156	281
	2	Rørstadbotnen, Sindre	NOR	93,40	120	157	277
	3	Ljungberg, Christoffer	SWE	91,05	104	130	134

105 kg	1	Lindroth, Tobias	SWE	100,05	120	150	270
	2	Helleren, Kristian	NOR	94,90	118	145	263

Team Classification

1	Finland	65 points
2	Sweden	51
3	Norway	41
4	Denmark	31

Result Nordic Championships Junior Women 2010

15		09.10.2010		LANDSKRONA				
Category	Name	Nat	BW	Snatch	C&J	Total	Sinclair	
63-69 kg	1	Hansson, Carita	SWE	63,00	81	101	182	226,26
	2	Årdalsbakke, Marit	NOR	61,75	58	75	133	167,48
	3	Bruland, Sunniva	n	61,35	52	61	113	142,90
75-+75 kg	1	Ilmarinen, Meri	FIN	74,30	80	97	177	200,740

Team Classification

1	Norway	310 Sinclair points
2	Sweden	226
3	Finland	201

Senior Men's Nordic Weightlifting Records as per							2012-06-30
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
56	Snatch	<i>97</i>	Per Söderlind	1965	SWE	20-05-2000	Sacramento (USA)
	C & J	<i>123</i>	Jarkko Welling	1971	FIN	03-03-2001	Pori (FIN)
	Total	220	Per Söderlind	1965	SWE	20-05-2000	Sacramento (USA)
62	Snatch	120	Jyrki Welling	1974	FIN	14-03-1998	Parkano (FIN)
	C & J	<i>147</i>	Jyrki Welling	1974	FIN	29-04-1998	Riesa (GER)
	Total	265	Jyrki Welling	1974	FIN	14-03-1998	Parkano (FIN)
69	Snatch	145	Armenak Takhmazian	1972	DEN	26-04-2000	Sofia (BUL)
	C & J	170	Armenak Takhmazian	1972	DEN	24-11-1999	Athens (GRE)
	Total	315	Armenak Takhmazian	1972	DEN	26-04-2000	Sofia (BUL)
77	Snatch	150	Ali Oksala	1980	FIN	29-10-2000	Tampere (FIN)
	C & J	185	Ali Oksala	1980	FIN	12-10-2000	Rijeka (CRO)
	Total	332	Ali Oksala	1980	FIN	29-10-2000	Tampere (FIN)
85	Snatch	150	Toni Puurunen	1977	FIN	26-11-1999	Athens (GRE)
	C & J	186	Miika Antti-Roiko	1988	FIN	23-05-2009	Kalajoki (FIN)
	Total	332	Jaarli Pirkkiö	1967	FIN	14-03-1998	Parkano (FIN)
94	Snatch	<i>162</i>	Benjamin Pirkkiö	1979	FIN	22-05-1998	Sofia (BUL)
	C & J	200	Benjamin Pirkkiö	1979	FIN	07-07-1999	Savannah (USA)
	Total	360	Benjamin Pirkkiö	1979	FIN	07-07-1999	Savannah (USA)
105	Snatch	175	Miika Huhtala	1979	FIN	09-10-2004	Lempälää (FIN)
	C & J	<i>212</i>	Janne Kanerva	1970	FIN	14-11-1998	Lahti (FIN)
	Total	380	Janne Kanerva	1970	FIN	14-11-1998	Lahti (FIN)
+105	Snatch	195	Stian Grimseth	1972	NOR	28-11-1999	Athens (GRE)
	C & J	235	Stian Grimseth	1972	NOR	24-05-1999	Moscow (RUS)
	Total	430	Stian Grimseth	1972	NOR	28-11-1999	Athens (GRE)

Note: RESULT IN ITALICS = Nordic Record Standard made from an originally 0.5 kg higher result.

Junior Men's Nordic Weightlifting Records as per							2012-06-30
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
56	Snatch	95	Mikko Kuusisto	1982	FIN	22-09-1999	Spala (POL)
	Clean & Jerk	120	Mikko Kuusisto	1982	FIN	22-11-1999	Athens (GRE)
	Total	212	Mikko Kuusisto	1982	FIN	22-09-1999	Spala (POL)
62	Snatch	113	Toni Lintula	1989	FIN	17-03-2009	Rovaniemi (FIN)
	Clean & Jerk	136	Toni Lintula	1989	FIN	14-03-2009	Tampere (FIN)
	Total	248	Toni Lintula	1989	FIN	14-03-2009	Tampere (FIN)
69	Snatch	120	Milko Tokola	1992	FIN	16-01-2010	Turku (FIN)
	Clean & Jerk	145	Milko Tokola	1992	FIN	28-07-2009	Landskrona (SWE)
	Total	260	Milko Tokola	1992	FIN	05-07-2009	Orivesi (FIN)
77	Snatch	150	Ali Oksala	1980	FIN	29-10-2000	Tampere (FIN)
	Clean & Jerk	185	Ali Oksala	1980	FIN	12-10-2000	Rijeka (CRO)
	Total	332	Ali Oksala	1980	FIN	29-10-2000	Tampere (FIN)
85	Snatch	147	Ali Oksala	1980	FIN	26-11-1999	Athens (GRE)
	Clean & Jerk	185	Ali Oksala	1980	FIN	10-10-1999	Rovaniemi (FIN)
	Total	330	Ali Oksala	1980	FIN	26-11-1999	Athens (GRE)
94	Snatch	162	Benjamin Pirkkiö	1979	FIN	22-05-1998	Sofia (BUL)
	Clean & Jerk	200	Benjamin Pirkkiö	1979	FIN	07-07-1999	Savannah (USA)
	Total	360	Benjamin Pirkkiö	1979	FIN	07-07-1999	Savannah (USA)
105	Snatch	152	Benjamin Pirkkiö	1979	FIN	10-10-1999	Rovaniemi (FIN)
	Clean & Jerk	192	Mika Kuoksa	1979	FIN	28-11-1999	Athens (GRE)
	Total	342	Benjamin Pirkkiö	1979	FIN	10-10-1999	Rovaniemi (FIN)
+105	Snatch	163	Vebjørn Varlid	1990	NOR	27-11-2010	Limassol (CYP)
	Clean & Jerk	191	Vebjørn Varlid	1990	NOR	05-12-2009	Naustdal (NOR)
	Total	345	Vebjørn Varlid	1990	NOR	20-06-2010	Sofia (BUL)

Note: RESULT IN *ITALICS* = Nordic Record Standard made from an originally 0.5 kg higher result.

Youth Men's Nordic Weightlifting Records as per							2012-06-30
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
50	Snatch	70	Toni Lintula	1989	FIN	30-10-2004	Pori (FIN)
	Clean & Jerk	90	Toni Lintula	1989	FIN	30-10-2004	Pori (FIN)
	Total	160	Toni Lintula	1989	FIN	30-10-2004	Pori (FIN)
56	Snatch	95	Mikko Kuusisto	1982	FIN	22-09-1999	Spala (POL)
	Clean & Jerk	120	Mikko Kuusisto	1982	FIN	22-11-1999	Athens (GRE)
	Total	212	Mikko Kuusisto	1982	FIN	22-09-1999	Spala (POL)
62	Snatch	104	Milko Tokola	1992	FIN	26-01-2008	Rovaniemi (FIN)
	Clean & Jerk	123	Milko Tokola	1992	FIN	26-01-2008	Rovaniemi (FIN)
	Total	227	Milko Tokola	1992	FIN	26-01-2008	Rovaniemi (FIN)
69	Snatch	119	Milko Tokola	1992	FIN	05-07-2009	Orivesi (FIN)
	Clean & Jerk	145	Milko Tokola	1992	FIN	28-07-2009	Landskrona (SWE)
	Total	260	Milko Tokola	1992	FIN	05-07-2009	Orivesi (FIN)
77	Snatch	120	Milko Tokola	1992	FIN	26-12-2009	Kauhajoki (FIN)
	Clean & Jerk	150	Daniel Skoglund	1991	SWE	08-11-2008	Sundsvall (SWE)
	Total	266	Milko Tokola	1992	FIN	26-12-2009	Kauhajoki (FIN)
85	Snatch	125	Jarleif Amdal	1988	NOR	10-12-2005	Frankfurt Oder (GER)
	Clean & Jerk	155	Jarleif Amdal	1988	NOR	10-12-2005	Frankfurt Oder (GER)
	Total	280	Jarleif Amdal	1988	NOR	10-12-2005	Frankfurt Oder (GER)
94	Snatch	126	Øystein Robberstad	1990	NOR	29-12-2007	Gjøvik (NOR)
	Clean & Jerk	156	Sindre Rørstadbotnen	1992	NOR	04-12-2009	Naustdal (NOR)
	Total	281	Øystein Robberstad	1990	NOR	29-12-2007	Gjøvik (NOR)
+94	Snatch	145	Vebjørn Varlid	1990	NOR	08-12-2007	Vigrestad (NOR)
	Clean & Jerk	170	Vebjørn Varlid	1990	NOR	08-12-2007	Vigrestad (NOR)
	Total	315	Vebjørn Varlid	1990	NOR	08-12-2007	Vigrestad (NOR)

Note: RESULT IN *ITALICS* = Nordic Record Standard made from an originally 0.5 kg higher result.

Senior Women's Nordic Weightlifting Records as per							2012-06-30
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
48	Snatch	65	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
	Clean & Jerk	80	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
	Total	145	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
53	Snatch	82	Heidi Kanervisto	1981	FIN	20-03-2004	Oulu (FIN)
	Clean & Jerk	95	Heidi Kanervisto	1981	FIN	20-03-2004	Oulu (FIN)
	Total	177	Heidi Kanervisto	1981	FIN	20-03-2004	Oulu (FIN)
58	Snatch	94	Ruth Kasirye	1982	NOR	22-09-2007	Chiang Mai (THA)
	Clean & Jerk	117	Ruth Kasirye	1982	NOR	18-04-2007	Strasbourg (FRA)
	Total	210	Ruth Kasirye	1982	NOR	18-04-2007	Strasbourg (FRA)
63	Snatch	107	Ruth Kasirye	1982	NOR	08-04-2009	Bucharest (ROU)
	Clean & Jerk	130	Ruth Kasirye	1982	NOR	07-03-2009	Spydeberg (NOR)
	Total	236	Ruth Kasirye	1982	NOR	07-03-2009	Spydeberg (NOR)
69	Snatch	106	Ruth Kasirye	1982	NOR	27-06-2009	Pori (FIN)
	Clean & Jerk	130	Ruth Kasirye	1982	NOR	23-05-2009	Lochen (AUT)
	Total	236	Ruth Kasirye	1982	NOR	27-06-2009	Pori (FIN)
75	Snatch	105	Karoliina Lundahl	1968	FIN	13-11-1998	Lahti (FIN)
	Clean & Jerk	127	Karoliina Lundahl	1968	FIN	24-04-2001	Trencin (SVK)
	Total	230	Karoliina Lundahl	1968	FIN	13-11-1998	Lahti (FIN)
+75	Snatch	107	Karoliina Lundahl	1968	FIN	23-10-1999	St. Joseph (USA)
	Clean & Jerk	127	Katarina Sederholm	1968	NOR	02-10-1998	Ålborg (DEN)
	Total	232	Katarina Sederholm	1968	NOR	18-04-1999	La Coruña (ESP)

Note: RESULT IN ITALICS = Nordic Record Standard made from an originally 0.5 kg higher result.

Junior Women's Nordic Weightlifting Records as per							2012-06-30
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
48	Snatch	65	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
	Clean & Jerk	80	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
	Total	145	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
53	Snatch	69	Sini Kukkonen	1986	FIN	16-07-2005	Gdansk (POL)
	Clean & Jerk	88	Sini Kukkonen	1986	FIN	04-10-2005	Trencin (SVK)
	Total	157	Sini Kukkonen	1986	FIN	29-04-2006	Wladyslawowo (POL)
58	Snatch	78	Heidi Kanervisto	1981	FIN	15-12-2001	Lempäälä (FIN)
	Clean & Jerk	96	Anna Everi	1987	FIN	27-12-2007	Pori (FIN)
	Total	171	Anna Everi	1987	FIN	27-12-2007	Pori (FIN)
63	Snatch	81	Carita Hansson	1991	SWE	29-10-2011	Stavanger (NOR)
	Clean & Jerk	101	Carita Hansson	1991	FIN	29-10-2011	Stavanger (NOR)
	Total	182	Carita Hansson	1991	SWE	29-10-2011	Stavanger (NOR)
69	Snatch	85	Heidi Kanervisto	1981	FIN	26-12-2000	Helsinki (FIN)
	Clean & Jerk	106	Anja Evelin Jordalen	1987	NOR	07-07-2007	Gdynia (POL)
	Total	189	Anja Evelin Jordalen	1987	NOR	07-07-2007	Gdynia (POL)
75	Snatch	81	Meri Ilmarinen	1991	FIN	03-07-2011	Rönni (FIN)
	Clean & Jerk	101	Meri Ilmarinen	1991	FIN	03-07-2011	Rönni (FIN)
	Total	182	Meri Ilmarinen	1991	FIN	03-07-2011	Rönni (FIN)
+75	Snatch	84	Meri Ilmarinen	1991	FIN	11-12-2011	London (GBR)
	Clean & Jerk	102	Meri Ilmarinen	1991	FIN	11-12-2011	London (GBR)
	Total	186	Meri Ilmarinen	1991	FIN	11-12-2011	London (GBR)

Note: RESULT IN ITALICS = Nordic Record Standard made from an originally 0.5 kg higher result.

Youth Women's Nordic Weightlifting Records as per							2012-06-30
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
44	Snatch	47	Salma Zakole	1986	FIN	15-02-2003	Töysä (FIN)
	Clean & Jerk	57	Salma Zakole	1986	FIN	21-09-2002	Rovaniemi (FIN)
	Total	100	Tea Grönman	1986	FIN	12-03-1999	Tampere (FIN)
48	Snatch	65	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
	Clean & Jerk	80	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
	Total	145	Sini Kukkonen	1986	FIN	19-08-2003	Dortmund (GER)
53	Snatch	68	Sini Kukkonen	1986	FIN	15-12-2002	Kerava (FIN)
	Clean & Jerk	85	Sini Kukkonen	1986	FIN	06-07-2003	Eräjärvi (FIN)
	Total	152	Sini Kukkonen	1986	FIN	13-12-2003	Rovaniemi (FIN)
58	Snatch	72	Heidi Kanervisto	1981	FIN	11-11-1998	Lahti (FIN)
	Clean & Jerk	85	Heidi Kanervisto	1981	FIN	11-11-1998	Lahti (FIN)
	Total	157	Heidi Kanervisto	1981	FIN	11-11-1998	Lahti (FIN)
63	Snatch	74	Katariina Vestman	1988	FIN	04-10-2005	Trencin (SVK)
	Clean & Jerk	95	Katariina Vestman	1988	FIN	04-10-2005	Trencin (SVK)
	Total	169	Katariina Vestman	1988	FIN	04-10-2005	Trencin (SVK)
69	Snatch	79	Katariina Vestman	1988	FIN	22-08-2005	Sofia (BUL)
	Clean & Jerk	101	Katariina Vestman	1988	FIN	22-08-2005	Sofia (BUL)
	Total	180	Katariina Vestman	1988	FIN	22-08-2005	Sofia (BUL)
+69	Snatch	75	Elisa Kallunki	1994	FIN	19-09-2010	Rovaniemi (FIN)
	Clean & Jerk	93	Elisa Kallunki	1994	FIN	21-05-2011	Pori (FIN)
	Total	166	Elisa Kallunki	1994	FIN	19-09-2010	Rovaniemi (FIN)

Note: RESULT IN ITALICS = Nordic Record Standard made from an originally 0.5 kg higher result.