

Distriktsrekord Södra Götalands TF

HERRAR SENIORER

-56 kg

| | | | | | |
|--------|-------|-------------------|---------------|-----------|------------|
| Ryck | 72,5 | Tolga Mol | Olofströms FK | Olofström | 2001-05-05 |
| Stöt | 87 | Fredrik Ljungdahl | Jönköpings AK | Jönköping | 2011-05-21 |
| Totalt | 157,5 | Tolga Mol | Olofströms FK | Olofström | 2001-05-05 |

-62 kg

| | | | | | |
|--------|-------|------------------|----------|---------|------------|
| Ryck | 92,5 | Fredrik Svensson | Visby AK | Uppsala | 2005-02-12 |
| Stöt | 110 | Fredrik Svensson | Visby AK | Uppsala | 2005-02-12 |
| Totalt | 202,5 | Fredrik Svensson | Visby AK | Uppsala | 2005-02-12 |

-69 kg

| | | | | | |
|--------|-----|------------------|----------|------------|------------|
| Ryck | 115 | Fredrik Svensson | Visby AK | Falun | 2002-02-23 |
| Stöt | 140 | Fredrik Svensson | Visby AK | Eskilstuna | 2007-10-29 |
| Totalt | 252 | Fredrik Svensson | Visby AK | Eskilstuna | 2007-10-29 |

-77 kg

| | | | | | |
|--------|-----|------------------|----------|----------------|------------|
| Ryck | 123 | Fredrik Svensson | Visby AK | Visby | 2006-08-26 |
| Stöt | 150 | Fredrik Svensson | Visby AK | Stavanger, NOR | 2006-07-08 |
| Totalt | 270 | Fredrik Svensson | Visby AK | Stavanger, NOR | 2006-07-08 |

-85 kg

| | | | | | |
|--------|-------|----------------|-----------|----------------|------------|
| Ryck | 140 | Kristian Kraft | Kalmar AK | Stockholm | 2000-12-10 |
| Stöt | 162,5 | Kristian Kraft | Kalmar AK | Sarpsborg, NOR | 2001-09-29 |
| Totalt | 300 | Kristian Kraft | Kalmar AK | Sarpsborg, NOR | 2001-09-29 |

-94 kg

| | | | | | |
|--------|-----|------------------|-----------|-----------|------------|
| Ryck | 145 | Kristoffer Modig | Kalmar AK | Mockfjärd | 2002-06-08 |
| Stöt | 185 | Kristoffer Modig | Kalmar AK | Mockfjärd | 2002-06-08 |
| Totalt | 330 | Kristoffer Modig | Kalmar AK | Mockfjärd | 2002-06-08 |

-105 kg

| | | | | | |
|--------|-------|------------------|-----------|---------|------------|
| Ryck | 152,5 | Kristoffer Modig | Kalmar AK | Bergsjö | 1998-04-05 |
| Stöt | 200 | Kristoffer Modig | Kalmar AK | Bergsjö | 1998-04-05 |
| Totalt | 352,5 | Kristoffer Modig | Kalmar AK | Bergsjö | 1998-04-05 |

+105 kg

| | | | | | |
|--------|-----|------------------|-----------|--------|------------|
| Ryck | 150 | Kristoffer Modig | Kalmar AK | Kalmar | 1998-12-12 |
| Stöt | 190 | Kristoffer Modig | Kalmar AK | Kalmar | 1998-12-12 |
| Totalt | 340 | Kristoffer Modig | Kalmar AK | Kalmar | 1998-12-12 |

Uppdaterad tom 2018-10-31

HERRAR JUNIORER

-56 kg

| | | | | | |
|--------|-------|-------------------|---------------|-----------|------------|
| Ryck | 72,5 | Tolga Mol | Olofströms FK | Olofström | 2001-05-05 |
| Stöt | 87 | Fredrik Ljungdahl | Jönköpings AK | Jönköping | 2011-05-21 |
| Totalt | 157,5 | Tolga Mol | Olofströms FK | Olofström | 2001-05-05 |

-62 kg

| | | | | | |
|--------|-----|----------------|----------|-----------|------------|
| Ryck | 83 | Oskar Stillman | Visby AK | Olofström | 2011-11-27 |
| Stöt | 109 | Oskar Stillman | Visby AK | Uppsala | 2011-12-03 |
| Totalt | 192 | Oskar Stillman | Visby AK | Uppsala | 2011-12-03 |

-69 kg

| | | | | | |
|--------|-------|----------------|------------|-------|------------|
| Ryck | 90 | Jesper Nilsson | Ronneby AK | Växjö | 1998-01-10 |
| Stöt | 107,5 | Jesper Nilsson | Ronneby AK | Växjö | 1998-02-07 |
| Totalt | 195 | Jesper Nilsson | Ronneby AK | Växjö | 1998-01-10 |

-77 kg

| | | | | | |
|--------|-----|------------------|---------------|-----------------|------------|
| Ryck | 110 | Fredrik Svensson | Visby AK | Tammerfors, FIN | 2000-10-28 |
| Stöt | 131 | Adam Biske | Olofströms FK | Olofström | 2012-04-14 |
| Totalt | 240 | Fredrik Svensson | Visby AK | Tammerfors, FIN | 2000-10-28 |

-85 kg

| | | | | | |
|--------|-------|---------------|----------|------------|------------|
| Ryck | 130,5 | Oskar Hansson | Visby AK | Landskrona | 2002-05-04 |
| Stöt | 160 | Oskar Hansson | Visby AK | Landskrona | 2002-05-04 |
| Totalt | 290,5 | Oskar Hansson | Visby AK | Landskrona | 2002-05-04 |

-94 kg

| | | | | | |
|--------|-----|------------------|---------------|--------|------------|
| Ryck | 126 | Robert Lindkvist | Jönköpings AK | Örebro | 2015-04-26 |
| Stöt | 150 | Oskar Hansson | Visby Ak | Visby | 2002-10-20 |
| Totalt | 265 | Rickard Karlsson | Kalmar AK | Visby | 2006-01-10 |

-105 kg

| | | | | | |
|--------|-----|------------------|---------------|-----------|------------|
| Ryck | 127 | Robert Lindkvist | Jönköpings AK | Jönköping | 2016-01-23 |
| Stöt | 145 | Jim Karlsson | Kalmar AK | Kalmar | 1998-11-07 |
| Totalt | 270 | Robert Lindkvist | Jönköpings AK | Jönköping | 2016-01-23 |

+105 kg

| | | | | | |
|--------|-----|----------------|-----------|--------|------------|
| Ryck | 115 | Jim Gustafsson | Kalmar AK | Visby | 2000-05-28 |
| Stöt | 130 | Jim Gustafsson | Kalmar AK | Kalmar | 2000-03-12 |
| Totalt | 245 | Jim Gustafsson | Kalmar AK | Visby | 2000-05-28 |

Uppdaterad tom 2018-10-31

HERRAR UNGDOM

-50 kg

| | | | | | |
|--------|-----|-------------------|---------------|------------|------------|
| Ryck | 50 | Tolga Mol | Olofströms FK | Kalmar | 1999-10-09 |
| Stöt | 66 | Fredrik Ljungdahl | Jönköpings AK | Jönköping | 2008-02-09 |
| Totalt | 115 | Tuncay Mol | Olofströms FK | Landskrona | 2002-05-04 |

-56 kg

| | | | | | |
|--------|-------|-----------|---------------|-----------|------------|
| Ryck | 72,5 | Tolga Mol | Olofströms FK | Olofström | 2001-05-05 |
| Stöt | 85 | Tolga Mol | Olofströms FK | Olofström | 2001-05-05 |
| Totalt | 157,5 | Tolga Mol | Olofströms FK | Olofström | 2001-05-05 |

-62 kg

| | | | | | |
|--------|-----|----------------|----------|-----------|------------|
| Ryck | 83 | Oskar Stillman | Visby AK | Olofström | 2011-11-27 |
| Stöt | 109 | Oskar Stillman | Visby AK | Uppsala | 2011-12-03 |
| Totalt | 192 | Oskar Stillman | Visby AK | Uppsala | 2011-12-03 |

-69 kg

| | | | | | |
|--------|-----|----------------|----------|---------------|------------|
| Ryck | 94 | Oskar Stillman | Visby AK | Bukarest, ROU | 2012-08-30 |
| Stöt | 115 | Oskar Stillman | Visby AK | Bukarest, ROU | 2012-08-30 |
| Totalt | 209 | Oskar Stillman | Visby AK | Bukarest, ROU | 2012-08-30 |

-77 kg

| | | | | | |
|--------|-------|-----------------|---------------|-----------|------------|
| Ryck | 107,5 | Yousef Quttineh | Jönköpings AK | Jönköping | 1998-12-05 |
| Stöt | 128 | Adam Biske | Olofströms FK | Olofström | 2011-11-27 |
| Totalt | 230 | Yousef Quttineh | Jönköpings AK | Jönköping | 1998-12-05 |

-85 kg

| | | | | | |
|--------|-------|--------------------|----------|-------------|------------|
| Ryck | 115 | Sebastian Tengborg | Visby AK | Bergsjö | 2004-12-30 |
| Stöt | 140,5 | Oskar Hansson | Visby AK | Helsingborg | 1999-09-12 |
| Totalt | 245 | Oskar Hansson | Visby AK | Helsingborg | 1999-09-12 |

-94 kg

| | | | | | |
|--------|-----|------------------|---------------|-----------|------------|
| Ryck | 116 | Robert Lindkvist | Jönköpings AK | Mariestad | 2013-11-23 |
| Stöt | 134 | Robert Lindkvist | Jönköpings AK | Mariestad | 2013-11-23 |
| Totalt | 250 | Robert Lindkvist | Jönköpings AK | Mariestad | 2013-11-23 |

+94 kg

| | | | | | |
|--------|-----|------------------|---------------|------------|------------|
| Ryck | 100 | Robert Lindkvist | Jönköpings AK | Landskrona | 2013-09-15 |
| Stöt | 120 | Robert Lindkvist | Jönköpings AK | Landskrona | 2013-09-15 |
| Totalt | 220 | Robert Lindkvist | Jönköpings AK | Landskrona | 2013-09-15 |

Uppdaterad tom 2018-10-31

DAMER SENIORER

-48 kg

| | | | | | |
|--------|-----|-------------|------------|------------|------------|
| Ryck | 48 | Lina Nguyen | Värnamo AK | Norrköping | 2017-04-08 |
| Stöt | 59 | Lina Nguyen | Värnamo AK | Borås | 2017-06-30 |
| Totalt | 106 | Lina Nguyen | Värnamo AK | Norrköping | 2017-04-08 |

-53 kg

| | | | | | |
|--------|-------|------------|-----------|------------|------------|
| Ryck | 70 | Maria Bohm | Kalmar AK | Riesa, GER | 1998-04-28 |
| Stöt | 85 | Maria Bohm | Kalmar AK | Bergsjö | 1998-04-05 |
| Totalt | 152,5 | Maria Bohm | Kalmar AK | Bergsjö | 1998-04-05 |

-58 kg

| | | | | | |
|--------|-----|--------------------|---------------|-----------|------------|
| Ryck | 74 | Matilda Samuelsson | Jönköpings AK | Jönköping | 2007-05-12 |
| Stöt | 88 | Matilda Samuelsson | Jönköpings AK | Jönköping | 2007-05-12 |
| Totalt | 162 | Matilda Samuelsson | Jönköpings AK | Jönköping | 2007-05-12 |

-63 kg

| | | | | | |
|--------|-----|----------------|----------|------------|------------|
| Ryck | 86 | Carita Hansson | Visby AK | Eilat, ISR | 2012-12-05 |
| Stöt | 105 | Carita Hansson | Visby AK | Eilat, ISR | 2012-12-05 |
| Totalt | 191 | Carita Hansson | Visby AK | Eilat, ISR | 2012-12-05 |

-69 kg

| | | | | | |
|--------|-----|----------------|----------|---------|------------|
| Ryck | 86 | Carita Hansson | Visby AK | Uppsala | 2012-12-16 |
| Stöt | 105 | Carita Hansson | Visby AK | Uppsala | 2012-12-16 |
| Totalt | 191 | Carita Hansson | Visby AK | Uppsala | 2012-12-16 |

-75 kg

| | | | | | |
|--------|-------|------------------|---------------|----------------|------------|
| Ryck | 77 | Emma Wennerström | Kalmar AK | Norrköping | 2014-03-15 |
| Stöt | 97,5 | Anna Svensson | Olofströms FK | Sarpsborg, NOR | 2001-09-29 |
| Totalt | 172,5 | Anna Svensson | Olofströms FK | Sarpsborg, NOR | 2001-09-29 |

-90 kg

| | | | | | |
|--------|-----|-----------------|---------------|-----------|------------|
| Ryck | 70 | Karolin Nilsson | Olofströms FK | Olofström | 2017-02-11 |
| Stöt | 87 | Karolin Nilsson | Olofströms FK | Olofström | 2017-02-11 |
| Totalt | 157 | Karolin Nilsson | Olofströms FK | Olofström | 2017-02-11 |

+90 kg

| | | | | | |
|--------|----|--------------|--------------|----------------|------------|
| Ryck | 40 | Stina Olsson | Jönköping AK | Norrköpings AK | 2017-04-08 |
| Stöt | 50 | Stina Olsson | Jönköping AK | Norrköpings AK | 2017-04-08 |
| Totalt | 90 | Stina Olsson | Jönköping AK | Norrköpings AK | 2017-04-08 |

+75 kg

| | | | | | |
|--------|-----|--------------------|--------------|-----------------|------------|
| Ryck | 71 | Matilda Samuelsson | Jönköping AK | Olofström | 2012-05-12 |
| Stöt | 92 | Emma Wennerström | Kalmar AK | Tammerfors, FIN | 2012-11-17 |
| Totalt | 163 | Emma Wennerström | Kalmar AK | Tammerfors, FIN | 2012-11-17 |

Den gamla viktklassen som inte ska uppdateras mer.

Uppdaterad tom 2018-10-31

DAMER JUNIORER

-48 kg

| | | | | | |
|--------|-----|-------------|------------|------------|------------|
| Ryck | 48 | Lina Nguyen | Värnamo AK | Norrköping | 2017-04-08 |
| Stöt | 59 | Lina Nguyen | Värnamo AK | Borås | 2017-06-30 |
| Totalt | 106 | Lina Nguyen | Värnamo AK | Norrköping | 2017-04-08 |

-53 kg

| | | | | | |
|--------|-----|--------------------|---------------|--------|------------|
| Ryck | 55 | Matilda Samuelsson | Jönköpings AK | Skene | 2004-11-13 |
| Stöt | 60 | Lina Nguyen | Värnamo AK | Kalmar | 2018-02-10 |
| Totalt | 110 | Matilda Samuelsson | Jönköpings AK | Skene | 2004-11-13 |

-58 kg

| | | | | | |
|--------|-----|--------------------|---------------|-----------|------------|
| Ryck | 74 | Matilda Samuelsson | Jönköpings AK | Jönköping | 2007-05-12 |
| Stöt | 88 | Matilda Samuelsson | Jönköpings AK | Jönköping | 2007-05-12 |
| Totalt | 162 | Matilda Samuelsson | Jönköpings AK | Jönköping | 2007-05-12 |

-63 kg

| | | | | | |
|--------|-----|----------------|----------|----------------|------------|
| Ryck | 81 | Carita Hansson | Visby AK | Stavanger, NOR | 2011-10-29 |
| Stöt | 101 | Carita Hansson | Visby AK | Stavanger, NOR | 2011-10-29 |
| Totalt | 182 | Carita Hansson | Visby AK | Stavanger, NOR | 2011-10-29 |

-69 kg

| | | | | | |
|--------|-----|----------------|----------|---------|------------|
| Ryck | 82 | Carita Hansson | Visby AK | Uppsala | 2011-12-04 |
| Stöt | 101 | Carita Hansson | Visby AK | Kalmar | 2011-12-10 |
| Totalt | 179 | Carita Hansson | Visby AK | Visby | 2009-05-16 |

-75 kg

| | | | | | |
|--------|-----|------------------|-----------|------------|------------|
| Ryck | 77 | Emma Wennerström | Kalmar AK | Norrköping | 2014-03-15 |
| Stöt | 95 | Emma Wennerström | Kalmar AK | Kalmar | 2014-02-15 |
| Totalt | 171 | Emma Wennerström | Kalmar AK | Norrköping | 2014-03-15 |

-90 kg

| | | | | | |
|--------|----|---------------|------------|--------|------------|
| Ryck | 44 | Elin Eliasson | Ronneby AK | Kalmar | 2017-09-30 |
| Stöt | 50 | Elin Eliasson | Ronneby AK | Kalmar | 2017-09-30 |
| Totalt | 94 | Elin Eliasson | Ronneby AK | Kalmar | 2017-09-30 |

+90 kg

| | | | | | |
|--------|--|-------------|--|--|--|
| Ryck | | Inga rekord | | | |
| Stöt | | Inga rekord | | | |
| Totalt | | Inga rekord | | | |

+75 kg

| | | | | | |
|--------|-----|------------------|-----------|-----------------|------------|
| Ryck | 71 | Emma Wennerström | Kalmar AK | Tammerfors, FIN | 2012-11-17 |
| Stöt | 92 | Emma Wennerström | Kalmar AK | Tammerfors, FIN | 2012-11-17 |
| Totalt | 163 | Emma Wennerström | Kalmar AK | Tammerfors, FIN | 2012-11-17 |

Uppdaterad tom 2018-10-31

DAMER UNGDOM

-44 kg

| | | | | | |
|--------|----|---------------|-----------|------------|------------|
| Ryck | 20 | Anna Karlsson | Kalmar AK | Norrköping | 2013-01-19 |
| Stöt | 26 | Anna Karlsson | Kalmar AK | Kalmar | 2013-02-16 |
| Totalt | 45 | Anna Karlsson | Kalmar AK | Norrköping | 2013-01-19 |

-48 kg

| | | | | | |
|--------|-----|-------------|------------|------------|------------|
| Ryck | 48 | Lina Nguyen | Värnamo AK | Norrköping | 2017-04-08 |
| Stöt | 59 | Lina Nguyen | Värnamo AK | Borås | 2017-06-30 |
| Totalt | 106 | Lina Nguyen | Värnamo AK | Norrköping | 2017-04-08 |

-53 kg

| | | | | | |
|--------|-----|--------------------|---------------|--------|------------|
| Ryck | 55 | Matilda Samuelsson | Jönköpings AK | Skene | 2004-11-13 |
| Stöt | 55 | Matilda Samuelsson | Jönköpings AK | Kalmar | 2004-04-25 |
| Totalt | 110 | Matilda Samuelsson | Jönköpings AK | Skene | 2004-11-13 |

-58 kg

| | | | | | |
|--------|-----|--------------------|---------------|------------|------------|
| Ryck | 68 | Matilda Samuelsson | Jönköpings AK | Jönköping | 2006-09-16 |
| Stöt | 80 | Matilda Samuelsson | Jönköpings AK | Landskrona | 2006-07-27 |
| Totalt | 146 | Matilda Samuelsson | Jönköpings AK | Landskrona | 2006-07-27 |

-63 kg

| | | | | | |
|--------|-----|----------------|----------|---------|------------|
| Ryck | 74 | Carita Hansson | Visby AK | Uppsala | 2008-12-07 |
| Stöt | 91 | Carita Hansson | Visby AK | Uppsala | 2008-12-07 |
| Totalt | 165 | Carita Hansson | Visby AK | Uppsala | 2008-12-07 |

-69 kg

| | | | | | |
|--------|-----|----------------|----------|-------------|------------|
| Ryck | 78 | Carita Hansson | Visby AK | Amiens, FRA | 2008-07-25 |
| Stöt | 94 | Carita Hansson | Visby AK | Landskrona | 2007-11-03 |
| Totalt | 171 | Carita Hansson | Visby AK | Landskrona | 2007-11-03 |

-75 kg

| | | | | | |
|--------|--|-------------|--|--|--|
| Ryck | | Inga rekord | | | |
| Stöt | | Inga rekord | | | |
| Totalt | | Inga rekord | | | |

+75 kg

| | | | | | |
|--------|--|-------------|--|--|--|
| Ryck | | Inga rekord | | | |
| Stöt | | Inga rekord | | | |
| Totalt | | Inga rekord | | | |

+69 kg

| | | | | | |
|--------|-----|------------------|-----------|--------|------------|
| Ryck | 69 | Emma Wennerström | Kalmar AK | Kalmar | 2011-12-10 |
| Stöt | 84 | Cornelia Hansson | Visby AK | Örebro | 2010-11-27 |
| Totalt | 149 | Emma Wennerström | Kalmar AK | Kalmar | 2011-12-10 |

Uppdaterad tom 2018-10-31