**GUIDELINES**

* The Member Federations shall choose one female and one male representative to form the NWF Athletes’ Commission. The current NWF President invites the athlete representatives to a Constituent Meeting after each Executive Board elections. In the Constituent Meeting the Athletes’ Commission chooses a Chair and a Vice Chair. The AC will work to promote Nordic Weightlifting and inform the NWF Executive Board and the NWF Congress about issues concerning the Athletes.
* The Athletes vote for one female and one male representative from their nationality.  Each vote counts as one and an election will take place at the Nordic senior championships for all competing athletes at the year of election.
* The athletes commission will make a committee/group that is responsible for running the election and getting candidates from each countries that follow the criteria for eligibility.
* The election committee will make sure that the voting system is anonymous using paper or electronic election systems.
* The election committee will use the start list to make sure that no one is able to vote more than once and use identification to register athletes that have voted.
* If any deposited voting has more than one female and one male vote for each nationality, the vote cast will be invalid.
* . The Athletes’ Commission meets mainly on-line. The Chair of the Athletes’ Commission must inform the Organizers by the date of the Preliminary Entries if an Athletes’ Commission meeting must be added to the championship schedule.
* The athletes serving on the NWF Athletes’ Commission are subject to eligibility criteria as stated in Olympic Charter Bye-law 1 to Rule 21, pertaining to II.1.1-1.6. Candidate Criteria of the International Olympic Committee Athletes’ Commission. An exception is made in the qualifying competitions so that Nordic athletes who have competed at the Nordic level or higher are eligible to be nominated to the commission by the MF. (competed at the Nordic once in the last four years)
* The term for the Athletes’ Commission members is two (2) years. The Chair and Vice Chair can serve up to five (5) terms. They must step aside for two (2) terms before being eligible to hold the positions again withstanding that they meet the eligibility criteria.

**Tasks**

* Be a advisory body to the Nordic weightlifting federation.
* look after the athletes interest and point of view  wth in sport politics connected to the nordic weightlifting ferderation, europian weightlifting federation and world weightlifting federation.
* Maintain contact with the nordic nations athlete comissions, europian athlete comission and the world weightlifting athlete comission.
* Active engage and protect the clean athlete values and rights.

**Compound**

* 12 members with 2 from each nation (one female and male) following the guidelines for eligibility.
* The athletes commission vote for chair, vice chair and secretarie among the memebers at the first meeting after election.

**Election period**

* Election each second year
* All members are elected for a period of 2 years.
* Members at the athletes commission can be reelected if they fulfilled the eligibility.

**Meetings**

* Athletes commission shall have a meetings once every 3 months, or when needed from the leaders or 2 members requires it.
* Athletes commission decisions are admitted when the majority of the members are at the meeting. Decisions are adopted with majority of the votes for it.
* All meetings are recorded in written form.