



Junior Women's Nordic Weightlifting Records as per							20.06.2023
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
45	Snatch	51	Nordic Standard				
	Clean & Jerk	66	Nordic Standard				
	Total	116	Nordic Standard				
49	Snatch	65	Kirsi-Marja Mukkala	1999	FIN	16.02.2019	Helsinki (FIN)
	Clean & Jerk	81	Viivi Körkkö	2002	FIN	25.02.2022	Rovaniemi (FIN)
	Total	143	Viivi Körkkö	2002	FIN	24.04.2021	Rovaniemi (FIN)
55	Snatch	77	Ronja Lenvik	2004	NOR	07.10.2021	Jeddah (KSA)
	Clean & Jerk	93	Ronja Lenvik	2004	NOR	22.04.2023	Tysvær (NOR)
	Total	166	Ronja Lenvik	2004	NOR	07.10.2021	Jeddah (KSA)
59	Snatch	80	Sandra Nævdal	2005	NOR	15.10.2022	Bergen (NOR)
	Clean & Jerk	101	Tilde Muhrman	2004	SWE	04.05.2022	Heraklion (GRE)
	Total	178	Tilde Muhrman	2004	SWE	04.05.2022	Heraklion (GRE)
64	Snatch	91	Aino Luostarinen	2003	FIN	31.05.2022	Tirana (ALB)
	Clean & Jerk	115	Aino Luostarinen	2003	FIN	18.04.2023	Yerevan (ARM)
	Total	204	Aino Luostarinen	2003	FIN	31.05.2022	Tirana (ALB)
71	Snatch	93	Janette Ylisoini	2006	FIN	11.12.2022	Bogota (COL)
	Clean & Jerk	118	Janette Ylisoini	2006	FIN	03.09.2022	Pori (FIN)
	Total	208	Janette Ylisoini	2006	FIN	03.09.2022	Pori (FIN)
76	Snatch	89	Birta Líf Thorarinsdóttir	2002	ISL	18.12.2022	Kópavogur (ISL)
	Clean & Jerk	119	Lea Berle Horne	2005	NOR	05.03.2023	Trondheim (NOR)
	Total	207	Lea Berle Horne	2005	NOR	05.03.2023	Trondheim (NOR)
81	Snatch	88	Nordic Standard				
	Clean & Jerk	106	Nordic Standard				
	Total	186	Nordic Standard				
87	Snatch	90	Nordic Standard				
	Clean & Jerk	108	Nordic Standard				
	Total	188	Nordic Standard				
+87	Snatch	92	Nordic Standard				
	Clean & Jerk	110	Nordic Standard				
	Total	190	Nordic Standard				