

Nordic Weightlifting Federation



Youth Women's Nordic Weightlifting Records as per							20.06.2023
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
40	Snatch	43	Alberte Saugmann Schmidt	2010	DEN	13.05.2023	Copenhagen (DEN)
	Clean & Jerk	57	Alberte Saugmann Schmidt	2010	DEN	25.03.2023	Kastrup (DEN)
	Total	99	Alberte Saugmann Schmidt	2010	DEN	25.03.2023	Kastrup (DEN)
45	Snatch	49	Elin Franzen Nilsson	2010	DEN	27.05.2023	? (POL)
	Clean & Jerk	61	Elin Franzen Nilsson	2010	DEN	10.06.2023	Kastrup (DEN)
	Total	108	Elin Franzen Nilsson	2010	DEN	13.05.2023	Copenhagen (DEN)
49	Snatch	57	Saara Postila	2006	FIN	21.05.2022	Kalajoki (FIN)
	Clean & Jerk	67	Iiris Savolainen	2006	FIN	25.02.2022	Rovaniemi (FIN)
	Total	122	Sandra Nævdal	2005	NOR	29.02.2020	Vigrestad (NOR)
55	Snatch	77	Ronja Lenvik	2004	NOR	07.10.2021	Jeddah (KSA)
	Clean & Jerk	91	Ronja Lenvik	2004	NOR	19.06.2021	Vigrestad (NOR)
	Total	166	Ronja Lenvik	2004	NOR	07.10.2021	Jeddah (KSA)
59	Snatch	80	Sandra Nævdal	2005	NOR	15.10.2022	Bergen (NOR)
	Clean & Jerk	100	Tilde Muhrman	2004	SWE	27.11.2021	Stavern (NOR)
	Total	175	Tilde Muhrman	2004	SWE	27.11.2021	Stavern (NOR)
64	Snatch	83	Janette Ylisoini	2006	FIN	27.11.2021	Stavern (NOR)
	Clean & Jerk	104	Janette Ylisoini	2006	FIN	27.11.2021	Stavern (NOR)
	Total	187	Janette Ylisoini	2006	FIN	27.11.2021	Stavern (NOR)
71	Snatch	93	Janette Ylisoini	2006	FIN	11.12.2022	Bogota (COL)
	Clean & Jerk	118	Janette Ylisoini	2006	FIN	03.09.2022	Pori (FIN)
	Total	208	Janette Ylisoini	2006	FIN	03.09.2022	Pori (FIN)
76	Snatch	88	Lea Berle Horne	2005	NOR	12.11.2022	Gardabaer (ISL)
	Clean & Jerk	114	Lea Berle Horne	2005	NOR	21.10.2022	Durres (ALB)
	Total	201	Lea Berle Horne	2005	NOR	21.10.2022	Durres (ALB)
81	Snatch	74	Lea Berle Horne	2005	NOR	19.06.2021	Vigrestad (NOR)
	Clean & Jerk	97	Lea Berle Horne	2005	NOR	19.06.2021	Vigrestad (NOR)
	Total	171	Lea Berle Horne	2005	NOR	19.06.2021	Vigrestad (NOR)
+81	Snatch	72	Nordic Standard				
	Clean & Jerk	90	Nordic Standard				
	Total	160	Nordic Standard				

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